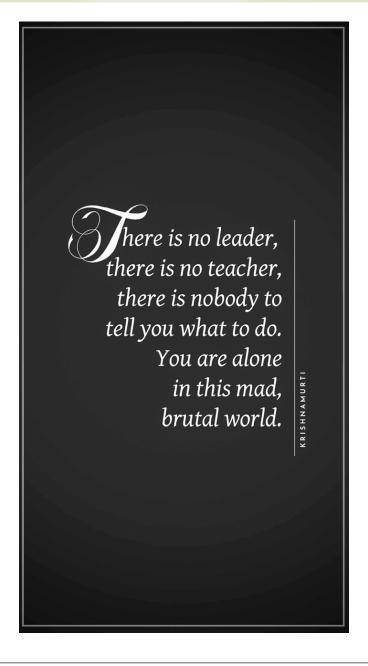
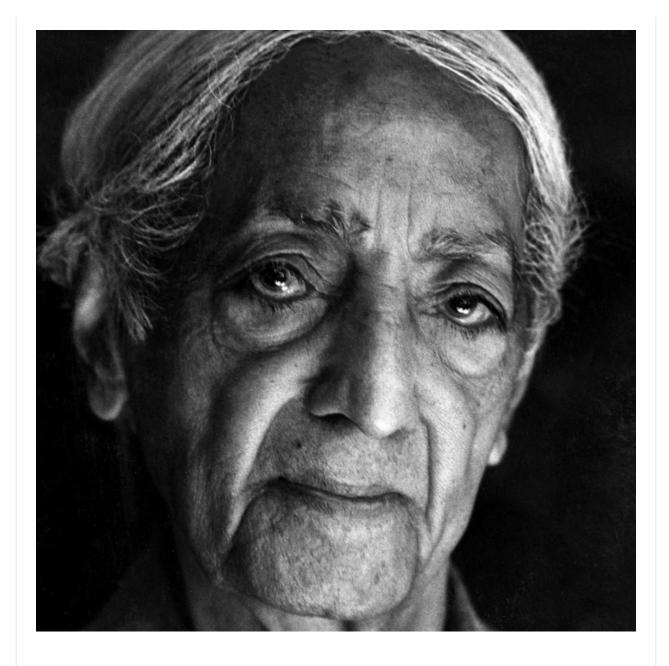
KANZ NEWS - March 2024

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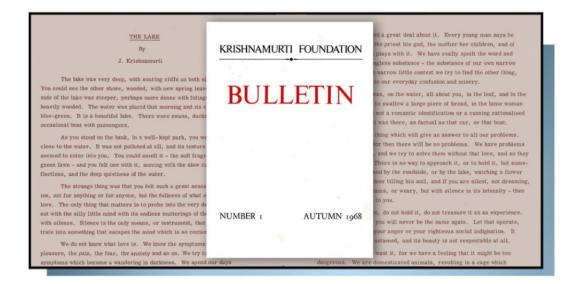
What Love Is Not



LOVE IS NOT DESIRE. It is a great thing to find out this for oneself. And if love is not desire then what is love? Love is not mere attachment to your baby, love is not attachment in any form; love is not jealousy, ambition, fulfilment or becoming; love is not desire or pleasure. The fulfilment of desire, which is pleasure, is not love. So I have found out what love is. It is none of these things. Have I understood these elements and am I free of them? Or I just say, 'I understand intellectually, I understand verbally, but help me to go deeper'? I can't; you have to do it yourself.

Krishnamurti in Saanen 1979, Discussion 2 View the full article here.

"The Lake", 1968



'When it comes, do not hold it; do not treasure it as an experience. Once it touches you, you will never be the same again.'

'The Lake' is a striking original piece written by Krishnamurti for the first issue of the Krishnamurti Foundation Trust bulletin in 1968.

Read "The Lake" here.

Krishnamurti Podcasts

Krishnamurti with Alain Naudé 7 Religion and Meditation



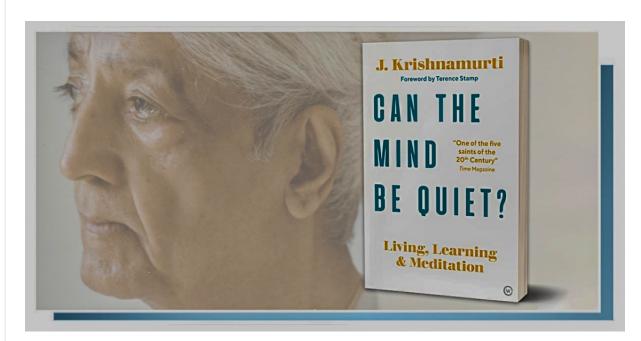
This conversation between Krishnamurti and Alain Naude was recorded in Malibu, California, in 1972. Subjects include: Is there any connection between the supernatural and religion? Is a religious life to lead a good life? A religious life is a life in which the self is not. We get caught in the so-called mysterious. But when the self is not, there is a greater, vaster mystery. Self-knowing is much more important than acquiring some kind of power. What place has meditation in religious life? Meditation is not control or a practice, it is not an effort to achieve an experience or to remain in a particular state of consciousness. If the self is, the religious life is not. Can one dissolve the self? Why are certain human beings entrenched in the myth of Jesus or Krishna? Attachment destroys freedom. Where there is freedom there is joy. It is that quality of mind that has this sense of joy and freedom that perceives. Meditation means freedom and joy to observe, without any attachment or partial

perception.

Alain Naude was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer and concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti's talks, at a time of cultural change in the West.

Listen here.



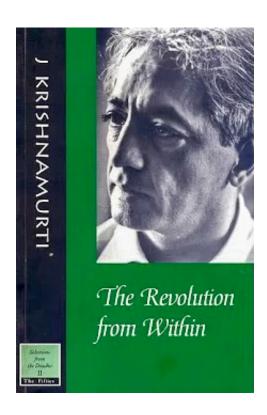


The book *Can the Mind Be Quiet?* includes previously unpublished passages, in which Krishnamurti recalls private conversations that probe deeply into such topics as the self and consciousness, the essential qualities of good education, and the quiet, meditative mind. Many chapters also include Krishnamurti's much-loved descriptions of nature. Follow the link below to read excerpts and listen to some of the audio recordings the book is based on.

Read the feature article here.

"The Revolution From Within"

A review from the Krishnamurti Postal Lending Library



This book is one of a series titled 'Selections from the Decades'. The series aims at presenting a representative sample of public talks that Krishnamurti gave between the 1940s and the 1980s. Each volume focuses on the talks given during a decade in different parts of the world. The series begins with Krishnamurti's talks in India in 1947, a year that marked a milestone both in India's destiny and in Krishnamurti's teachings.

Krishnamurti's talks in the 1980s were quite different from those of the 1940s and 1950s. What is striking about Krishnamurti's approach, however, is that even while addressing the social, political and economic issues of the period, his answers are rooted in a timeless vision of life and truth. He shows how behind any problem lies the creator of the problem and how the source of fragmentation lies within the mind of man. He offers no ready made solutions to contemporary issues, for he sees clearly that they are but symptoms of a deeper malaise that lies embedded in the mind and the heart of each human being.

Each talk is a new experience for the audience, or the reader, as it takes one through an inward journey of self-discovery.

Questioned as to whether his teachings have changed over the decades, Krishnamurti was to say:

'No. There have been changes in expression, changes in vocabulary changes in language and gesture-you know all that-but there has been no fundamental change from the beginning till now.'

In Madras in 1959 he said:

"This journey I am proposing that we take together, is not to the moon, or even to the stars. The distance to the stars is much less than the distance within ourselves. The discovery of ourselves is endless, and it requires constant inquiry, a perception which is total, an awareness in which there is no choice".

A full list of books at: available for free loan from the Krishnamurti Postal Lending Library can be found at:

https://www.kanz.org.nz/library

Auckland Dialogue Meeting

Meetings are held monthly on the first Monday of the month.

The meetings are held in New Lynn.

Please contact Brett Nielsen 021 974 960 to obtain meeting details and to advise attendance.

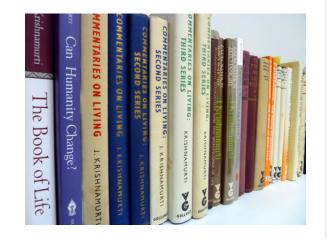
Showings of Krishnamurti videos and group dialogues:

DUNEDIN

contact Indu Peiris/ keerthi.peiris@gmail.com

CHRISTCHURCH

- contact Kyoko Giebel 03 329 4789 /



aakaasha@glenrowan.nz- monthly:

- contact Pauline Matsis 03 312 1470 / paulinematsis@gmail.com

PALMERSTON NORTH

contact Nadya Kaplyukova / mua_mail@yahoo.com

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- contact Anne Richards 027 661 9121 / anne.richards250@gmail.com

HAMILTON

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AUCKLAND

- contact Brett Nielsen 021 974 960

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