

KANZ NEWS – November 2018

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If you only had one hour to live, what would you do?

If you only had one hour to live, what would you do? Would you not arrange what is necessary outwardly, your affairs, your will, and so on? Would you not call your family and friends together and ask their forgiveness for the harm that you might have done to them, and forgive them for whatever harm they might have done to you? Would you not die completely to the things of the mind, to desires and to the world? And if it can be done for an hour, then it can also be done for the days and years that may remain. Try it and you will find out.

(Source: The Book of Life)

Come into contact with death while living, by dying to your name, to your house, to your property, and you can see things as they are without any distortion.

(Source: The Book of Life)

The mind that dies every day to the memories of yesterday, to all the joys and sorrows of the past, such a mind is fresh, innocent, it has no age.

(Source: The Book of Life)

The image and quotes above are taken from a series of exhibition panels created by Vikram Parchure. The title of the exhibition is "To the Young".

Vikram is a designer exploring design as an instrument of social change and value education.

Krishnamurti's deep concern for the young led him to exhort youth to insightfully understand that the old ways of problem-solving will prove too inadequate to deal with the complexity of present-day world dilemmas. He said that only a mind that is fresh, youthful, perceptive and ever-willing to face the challenges of uncertainty can deal with this challenge successfully. What makes for such a youthful quality of mind, regardless of the body's physical age? This is the vitally important question that is explored in these panels.

Each KANZ newsletter is presenting one of the panels developed by Vikram for the reader's interest and reflection on the key themes of this exhibition.

Krishnamurti Foundation of America Annual Gathering



The Annual Krishnamurti Foundation of America Gathering was held on May 12th and 13th, 2018, and took place at the Krishnamurti Educational Center (KEC) in Ojai, California. Friends both local and from around the world came to listen to speakers, participate in discussions and dialogues, attend workshops, and simply hang out with friends old and new.

Over the next few months this KANZ newsletter will include links to some of the American Gathering sessions.

The American Foundation chose an educational theme this year, Insights Into Education, the same as the title of the recently published book. The book is a compilation of Krishnamurti elaborating on different aspects of the kind of education he envisioned. The book can be purchased [here](#).

What Krishnamurti proposed was a different approach to learning altogether, one that distinguishes itself radically from what we normally understand by that term: the accumulation of knowledge, with its application and testing. For, by thus narrowing down our understanding to the pragmatic and the measurable we forfeit the opportunity to probe deeply and to awaken intelligence in our students and ourselves. What is meant by intelligence in this context is not the capacity to memorise and measure, but that subtler ability to see the whole which comes alive in a human being when he/ she sees the limits of the measurable. To awaken this intelligence is the goal of education. (From Stephen Smith, the editor of the book [Insights Into Education](#)).



Siddhartha Menon: Sight and Song

Siddhartha Menon is an English literature postgrad of Delhi University, Siddhartha Menon has served with several Krishnamurti Foundation schools for over two decades and is currently principal of the co-ed Rishi Valley School (RVS), in India.

When asked what the purpose of school education was he answered: School education should help students become responsible global citizens in a world beset with problems, including the hold on us of conflicting group identities, the earth's dwindling resources, hunger, inequality, and environmental degradation. But it should also nurture the sense of wonder that all children are born with, and make learning a joyful experience.

Rishi Valley is committed to educating students to grow into good human beings responsible for themselves and all other life forms who share their world.

At Rishi Valley, the principal is one of a team with long-term commitment to developing the vision of the institution. Key decisions are taken collectively. As such, individual leadership style is less important than the give and take of evolving consensus and building relationships.

The presentation can be viewed [here](#).

The Earliest Sound Films of Talks by Krishnamurti



The earliest sound films of Krishnamurti speaking to audiences were produced and broadcast in America by the National Educational Television Network– it was the first time that he had allowed his talks and discussion groups to be filmed. The principal settings are the Oak Grove in Ojai, California, and the Thatcher School in the Ojai Valley. There are eight films in the series.

Freedom from Fear

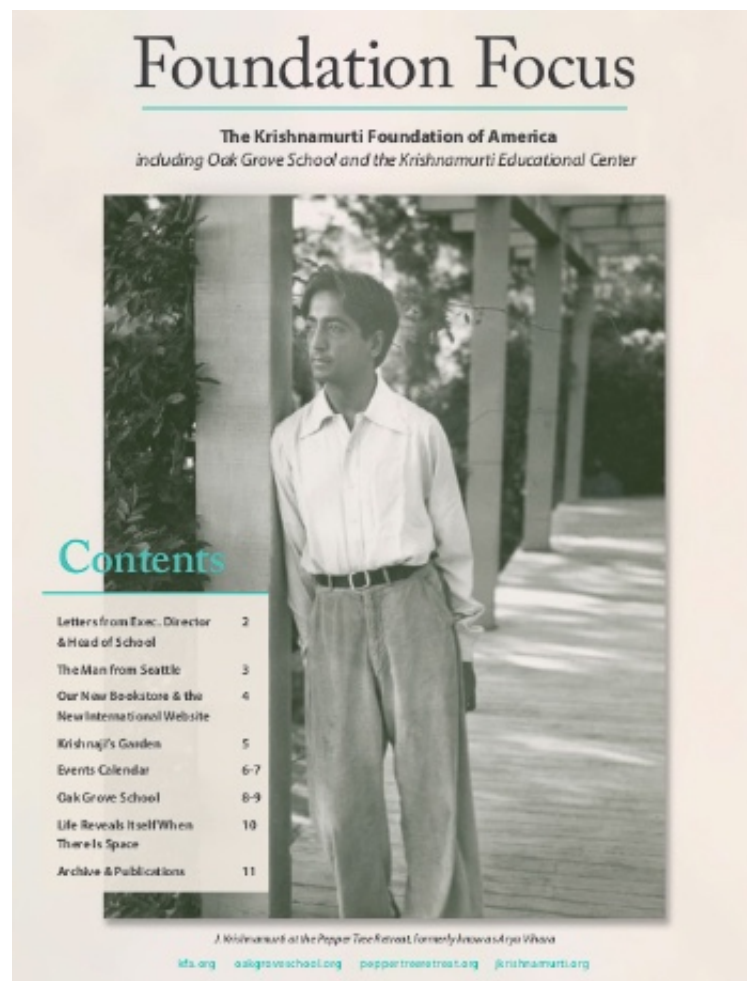
Film 3 Ojai, California, USA January 1, 1966

Passion is needed to understand the whole complex problem of existence. This passion cannot be supplied by the intellect or by sentiment or emotionalism, or aroused by committing oneself to a cause.

The psychological structure of society is based on pleasure. Our whole psychological existence is based in the continuation of pleasure. Until one understands the nature and the structure of pleasure, there will always be fear. The mind that is conditioned by the principle of pleasure cannot think clearly. What is pleasure?

Watch the film [here](#).

Krishnamurti Foundation of America bi-annual newsletter



The bi-annual edition of the KFA's eNewsletter can be downloaded [here](#).

What is freedom?



This short film was created by Massimiliano Amato. The text is inspired by Jiddu Krishnamurti's teachings. The film is in Italian but you can turn English subtitles ON by clicking the CC button on the Youtube play bar.

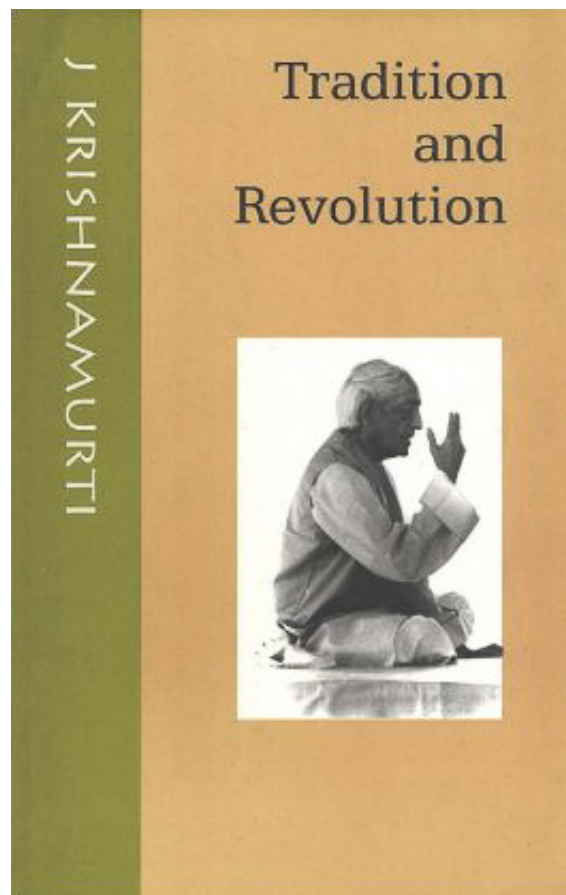
"What is freedom? Freedom to do what we want, freedom to choose a job, a woman, to go where we want. To make love with whomever and however we want. What do we do with all this freedom? We use it to express ourselves, to do whatever we want. We have all the freedom in the world, even to drop bombs in the name of democracy; we think that where there is choice, there is freedom.

Even a psychologist will encourage you to satisfy your pleasures. But if we are really aware, we know there is no choice. Awareness is action. It is only when there are doubts, uncertainties, that you begin to choose. Choices then prevent freedom. So, where can I find freedom? Is it outside or within myself?

If I have a reason to love somebody, is this true love? If I feel attached because it takes away my loneliness and makes me feel powerful, is that love? Selfishness is not love. If you look deep enough you'll find a beauty whose quality and intensity gives way to compassion.

You can watch this short video [here](#).

Book Review – Tradition and Revolution



Apart from the great number of public talks that Krishnamurti gave, (estimated at an average of over a hundred per year), he engaged in many dialogues. These dialogues have their own section in the [Krishnamurti Postal Library](#), (in addition to the “Talking with People” section). It can be seen from the sixteen titles listed there, (and others that exist), that Krishnamurti had discussions with people eminent in many fields of life. There were scientists like Professor David Bohm and Francis Crick, religious scholars like Huston Smith and Professor Allan W. Anderson, and various Buddhist and Hindu scholars. Also authors

like Iris Murdoch, and psychologists such as John Hidley.

Dialogue was a process that Krishnamurti developed to a fine art. Here is an extract from the preface of "Tradition and Revolution"

"In these dialogues, Krishnamurti starts his questioning from a totally tentative position, from a state of 'not-knowing', and, therefore, in a sense, he starts at the same level as the participants. During the discussion, various analytical inquiries are made which are tentative and exploratory. There is a questioning without seeking immediate solutions: a step by step observation of the processes of thought and its unfoldment—a movement of penetration and withdrawal, every movement plunging attention deeper and deeper into the recesses of the mind. A delicate wordless communication takes place; an exposure of the movement of negation as it meets the positive movement of thought. There is the 'seeing' of fact, of 'what is', and the mutation of 'what is'. This is again perceived from various directions to examine its validity.

In the same preface it says:

"These dialogues are not, however, questions and answers. They are an investigation into the structure and nature of consciousness, an exploration of the mind, its movement, its frontiers and that which lies beyond. It is also an approach to the way of mutation."

"Tradition and Revolution" is just one of the many books available for loan from the postal library. For a full catalogue, see:

<http://www.krishnamurti-nz.org/library>

Christchurch Dialogue Meetings

Now take your own particular form of fear. Look at it. Watch your reactions to it. Can you look at it without any movement of escape, justification, condemnation or suppression? Can you look at that fear without the word which causes the fear?

Saturday, 17 November, 2:00pm – 4:00pm

Christchurch City South Library Learning Centre

66 Colombo Street, Sydenham Room

(Please use After Hours Entrance facing the river)

Enquiries: aakaasha@glenrowan.nz, 03 329 4789

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH

- monthly: contact Pauline Matsis 03 312 1470 / paulinematsis@gmail.com
- monthly: contact Kyoko Giebel 03 329 4789 / aakaasha@glenrowan.nz

NELSON

- contact David Simoni / dsimoni@me.com

PALMERSTON NORTH

- contact Nadya Kaplyukova / mua_mail@yahoo.com

HAMILTON

- contact: Clive Elwell 022 085 7184 / clive.elwell@gmail.com

AUCKLAND

- the last Sunday of every month: contact Krishna Umaria 09 488 7482 / krishna.umaria@gmail.com



Postal lending library of books, dvd's, and cd's -

www.krishnamurti-nz.org/library

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