

KANZ NEWS – August 2017

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Why cannot man live and die that way?

The older people are ridden with fear – fear of death, fear of losing jobs, fear of public opinion. They are completely held in the grip of fear. Such a mind cannot think straight, cannot reason logically, sanely, healthily, because it is rooted in fear. Watch the older generation, and you will see how fearful it is of everything – of death, of disease, of going against the current tradition, of being different, of being new.

(Source: On Education)

Why cannot man live and die that way? What is the thing that is destroying him from the beginning till the end? Look at a boy of ten or twelve or thirteen – how full of laughter he is. By forty he becomes tough and hard, his whole manner and face change. He is caught in a pattern.

(Source: Tradition and Revolution)

This is also a form of death: being in prison in your own self-centred activity, endlessly. When you are caught in your own thoughts, in your own agony, in your own superstitions, in your deadly, daily routine of habit and thoughtlessness, this is also death – not just the ending of the body.

(Source: The Collected Works)

The image and quotes above are taken from a series of exhibition panels created by Vikram Parchure. The title of the exhibition is "To the Young".

Vikram is a designer exploring design as an instrument of social change and value education.

Krishnamurti's deep concern for the young led him to exhort youth to insightfully understand that the old ways of problem-solving will prove too inadequate to deal with the complexity of present-day world dilemmas. He said that only a mind that is fresh, youthful, perceptive and ever-willing to face the challenges of uncertainty can deal with this challenge successfully. What makes for such a youthful quality of mind, regardless of the body's physical age? This is the vitally important question that is explored in these panels.

Each KANZ newsletter is presenting one of the panels developed by Vikram for the reader's interest and reflection on the key themes of this exhibition.

Announcing new Krishnamurti Association in New Zealand Facebook Page – [click here](#)



Krishnamurti Foundation of America Annual May Gathering



The Krishnamurti Foundation of America held a two day Gathering at Ojai, California in early May. The theme was "Understanding Ourselves".

Over the coming months this newsletter will present links to some of the key sessions from the Gathering.

This month the speaker is David Moody, PhD and the title of the session was "[An Uncommon Collaboration: David Bohm and J. Krishnamurti](#)".

David Moody was the first teacher hired at Oak Grove School when it opened its doors in 1975. In 1980, Krishnamurti appointed him Educational Director and subsequently Director of the school, the position he held at the time of Krishnamurti's death. His years at the school are described in his book, *The Unconditioned Mind: J. Krishnamurti and the Oak Grove School*. After he left Oak Grove, Moody took his Ph.D. in Education at UCLA, where his doctoral research focused on the role of insight in overcoming student misconceptions in the sciences. He is the author of numerous articles in popular and professional journals on topics in science and education, and he is a contributor to *Huffington Post*. While he was at Oak Grove, Moody worked closely with both Krishnamurti and theoretical physicist David Bohm.

David Moody's presentation introduces his new book, *An Uncommon Collaboration: David Bohm and J. Krishnamurti*. Bohm is best known for his revolutionary contributions to the theoretical foundations of quantum physics. The book describes the respective careers of Bohm

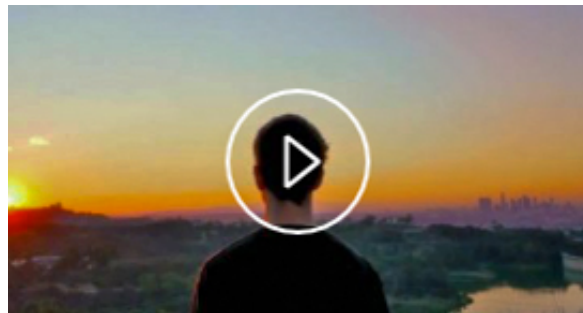
and Krishnamurti, the circumstances that brought them together, and the substance of their long collaboration. The presentation reviews the personal relationship between the two men as well as the content of their many recorded dialogues together. The presentation also includes illustrative anecdotes and first-hand observations of both men.

View David Moody's presentation [here](#).

(Please note the presentation starts 26 minutes into the video)

The book can be purchased online [here](#).

What is Meditation?



Meditation is one of the greatest arts of life – perhaps the greatest art. Because in the understanding of meditation there is love.

“There are two things which are absolutely necessary to find out about: the understanding of space, and the nature of silence. It is a most interesting thing to find out what space means. We are not talking of the distance between the earth and the moon, but psychological space, the space within. A mind that has no space is a shoddy, little mind, a petty mind; it is caught in a trap and the movement in the trap it calls living.

...

You can observe how little space you have inwardly; we are overcrowded with noise, chattering, endless memories, images, symbols, opinions, knowledge, crammed full of secondhand things. There is no space there at all; therefore there is no freedom. And without this space, in which there is no boundary, the mind is incapable

of finding out, of coming upon that immeasurable reality.

...

Then also one must understand what silence is. You know, we are never silent; either we are having a dialogue with ourselves, or with somebody else. The machinery of thought is incessantly active, projecting itself, what it should do, it must not do, how it has been – endlessly chattering; or conforming, accepting, comparing, judging, condemning, imitating, obeying. Knowing this, there are various forms of meditation which tell you how to control thought. But controlling thought is not meditation at all; anybody can concentrate, from the schoolboy to the higher general preparing for war. And it is only a silent mind that can perceive, that can actually see; not a chattering mind, not a controlled mind, not a mind that is tortured, suppressed – nor yielding, indulging. It is only a very silent mind that can actually see.

...

Meditation is one of the greatest arts of life – perhaps the greatest art. Because in the understanding of meditation there is love, and love is not the product of systems, of habits, of following a method. Love cannot be cultivated by thought. Love can perhaps come into being when there is complete silence. And the mind can only be silent when it understands the nature of its own movement, as thought and feeling.

...

So meditation can take place when you are sitting in a bus, or walking in the woods full of light and shadows, or listening to the singing birds, or looking at the face of your wife or husband. Meditation is not something apart; it is the understanding of the totality of life in which every form of fragmentation of life has ceased.

...

When one has totally denied the psychological world which man has created for himself, and has denied the psychological structure of society of which we are: the greed, the envy, the brutality, the violence, the jealousies, the hatred; then when you totally deny, you have space and silence. And it is only such a mind that is the religious mind, not belonging to any organised, propagandist religion – it is only such a mind that can see what is the immeasurable. And such a mind is a light to itself.”

Excerpts from 5th Public Talk in Amsterdam, 1967

by Krishnamurti

View short video [here](#).

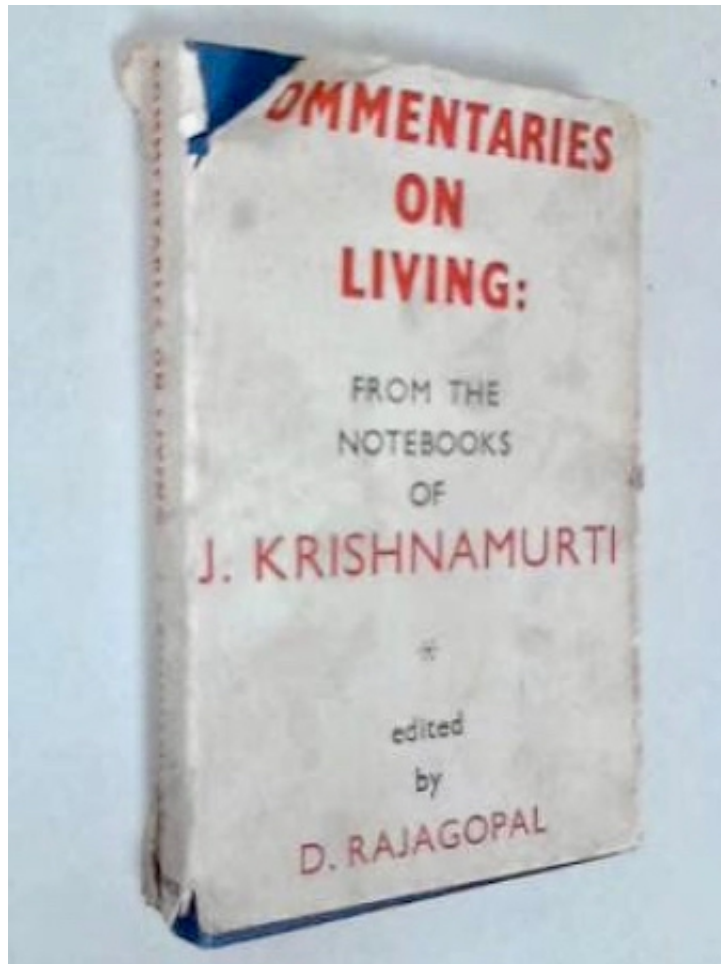
Have You Had Mysterious Experiences?



Questioner: from what we read, you have had strange and mysterious experiences. Is this kundalini or something greater? And we also read that you consider the so-called process that you have undergone to be some sort of expansion of consciousness. Could it be instead a self-induced, psychosomatic thing, caused by tension? Is not K's consciousness put together by thought and words?

View video [here](#).

Book Review: Commentaries on Living Series



People often ask, "Which Krishnamurti book should I read first?". The Commentaries On Living Series (three books) is a good place to start.

Read the review [here](#).

The books can be borrowed from the New Zealand Postal Lending Library at www.krishnamurt-nz.org/library

Christchurch Dialogue Meetings

Theme: What is self-esteem?

We all place ourselves at various levels, and we are constantly falling from these heights. It is the falls we are ashamed of. Self-esteem is the cause of our shame, of our fall. It is this self-esteem that must be understood, and not the fall.

Jiddu Krishnamurti

Sunday, 27 August, 1:30 pm – 4:00 pm

Christchurch City South Library Learning Centre

66 Colombo Street, Sydenham Room

(Please use the back door to the right of the main door)

Enquiries: aakaasha@ihug.co.nz, 03 329 4789

Text:

Self-esteem – download [here](#)

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH

- monthly: contact Pauline Matsis 03 312 1470 / paulinematsis@clear.net.nz
- monthly: contact Kyoko Giebel 03 329 4789 / aakaasha@ihug.co.nz

PALMERSTON NORTH

- monthly: join online Meetup group [here](#)

AUCKLAND

- the last Sunday of every month: contact Krishna Umariya 09 488 7482 / krishna.umariya@gmail.com



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www.krishnamurti-nz.org/library

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