

## KANZ NEWS – June 2016

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### **To be free of all authority, of your own, and that of another ...**

Do you know what a free mind is? Have you ever observed your own mind? It is not free, is it? It is extremely difficult for the mind to be free of fear because that implies being really free of the desire to imitate, to follow, free of the desire to amass wealth, or to conform to a tradition – which does not mean that you do something outrageous.

(Source: Life Ahead)

But most of us never demand and find out whether it is at all possible to be free inwardly. Our mind is a slave to its own projections, to its own demands, to its own desires and fulfillments, a slave to its cravings, to its appetites. But we are always wanting freedom outwardly – to go against the society, against a particular structure of society.

And this revolt against the society, which is taking place all over the world, is a form of violence, which indicates that one is concentrating on outward change without inward change.

(Source: J. Krishnamurti, Talk in San Diego, 1970)

First of all, can you reject all authority? If you can, it means that you are no longer afraid. Then what happens? When you reject something false which you have been carrying about with you for generations, when you throw off a burden of any kind, what takes place? You have more energy, haven't you? You have more capacity, more drive, greater intensity and vitality. If you do not feel this, then you have not thrown off the burden, you have not discarded the dead weight of authority.

Then there is the immensely greater difficulty of rejecting our own inward authority, the authority of our own particular little experiences and accumulated opinions, knowledge, ideas, and ideals. To be free of all authority, of your own, and that of another, is to die to everything of yesterday, so that your mind is always fresh, always young, innocent, full of vigour and passion.

(Source: Freedom from the Known)

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**The image and quotes above are taken from a series of exhibition panels created by Vikram Parchure. The title of the exhibition is "To the Young".**

Vikram is a designer exploring design as an instrument of social change and value education.

Krishnamurti's deep concern for the young led him to exhort youth to insightfully understand that the old ways of problem-solving will prove too inadequate to deal with the complexity of present-day world dilemmas. He said that only a mind that is fresh, youthful, perceptive and ever-willing to face the challenges of uncertainty can deal with this challenge successfully. What makes for such a youthful quality of mind, regardless of the body's

physical age? This is the vitally important question that is explored in these panels.

Each KANZ newsletter is presenting one of the panels developed by Vikram for the reader's interest and reflection on the key themes of this exhibition.

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## On Conditioning

The Krishnamurti Foundation of America has searched the global archives for those moments when Krishnamurti was exceptionally clear about a particular theme.

*"Our human brain is a mechanical process. Thought is a materialistic process, and that thought has been conditioned to think as a Buddhist, as a Hindu, as a Christian. Is it possible to be free from that conditioning?"*

*The 'me', the 'self', is a movement in knowledge, a series of memories. Then the question arises: Is it possible to live psychologically without a single memory?"*

Watch the video [here](#).

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## Wellington Event

**Sunday 7th August 3pm,**

**Brentwood Hotel, 16 Kemp Street, Kilbirnie**

Bill Taylor is Development & Coordination Director for Brockwood Park School, and the Krishnamurti Foundation Trust in England.



Bill was born in NZ and is a Trustee of KANZ.

He first visited Brockwood to attend a talk by Krishnamurti in 1979 and has been on the staff at Brockwood for almost 30 years.

He is responsible for communications material, outreach, fundraising, and the overview of support functions at Brockwood.

Bill will be giving a presentation in Wellington at the Brentwood Hotel, 16 Kemp Street, Kilbirnie, starting at 3pm, on Sunday 7th August, entitled:

**J. Krishnamurti – His Life and Legacy**

If you would like to come to this event please e-mail Secretary at [kanzadmin@gmail.com](mailto:kanzadmin@gmail.com) to let us know you will be there.

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## Think on These Things – Asking Questions About Oneself

“Think on These Things” is a study programme developed by the Krishnamurti Foundation of America.

Its intent is to engage people in asking fundamental questions of themselves and to bring about the space necessary for a deeper self-inquiry and self-understanding.

The questions asked are meant to challenge the deeply held assumptions we have about ourselves and about our life.

The issues explored within the programme are widely relevant, regardless of age, background or education. They can be focused on by someone on their own, or discussed within a group.

Think on These Things will cover thirteen topics and questions over the coming months.

Last month we covered "Violence". This month the subject is "Comparison".

1. **Authority** - What is the role of authority in our lives?
2. **Education** – Why are you educated?
3. **Listening** – Is it possible to listen impartially?
4. **Meaning** – What makes life really worth living for you?
5. **Identity** – Why do you identify with anything at all?
6. **Violence** – Where does violence begin and end?
7. **Comparison** – Why do we compare?
8. **Success** – Why do you want to become anything at all?
9. **Fear** – What is the effect of fear on your mind and on your actions?
10. **Truth** – How do you know if something is true?
11. **Loneliness** – What does loneliness feel like?
12. **Happiness** – Can there be happiness without pleasure?
13. **Freedom** – Are you free?



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## Krishnamurti Association in New Zealand

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