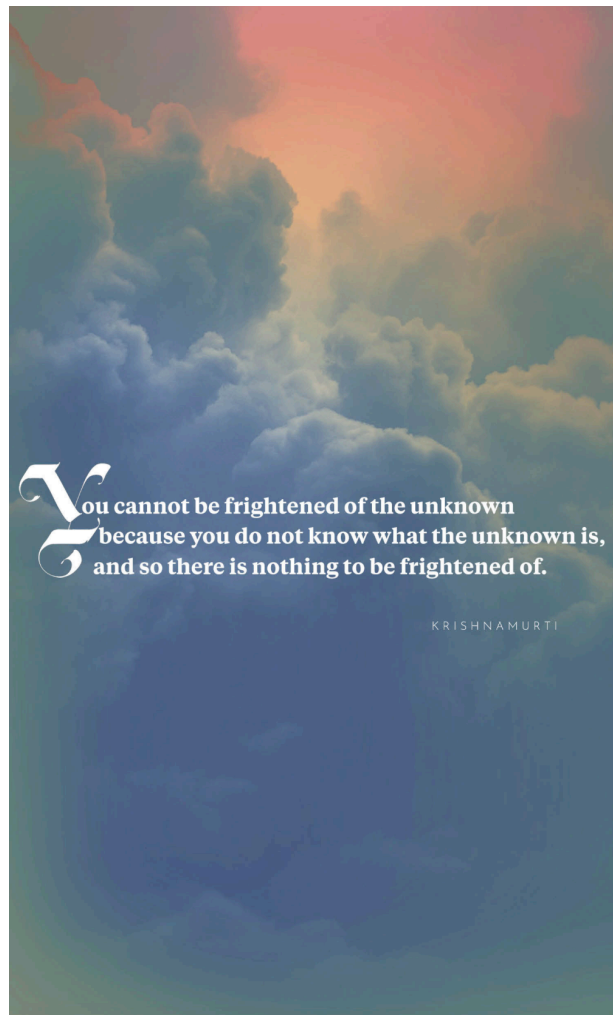


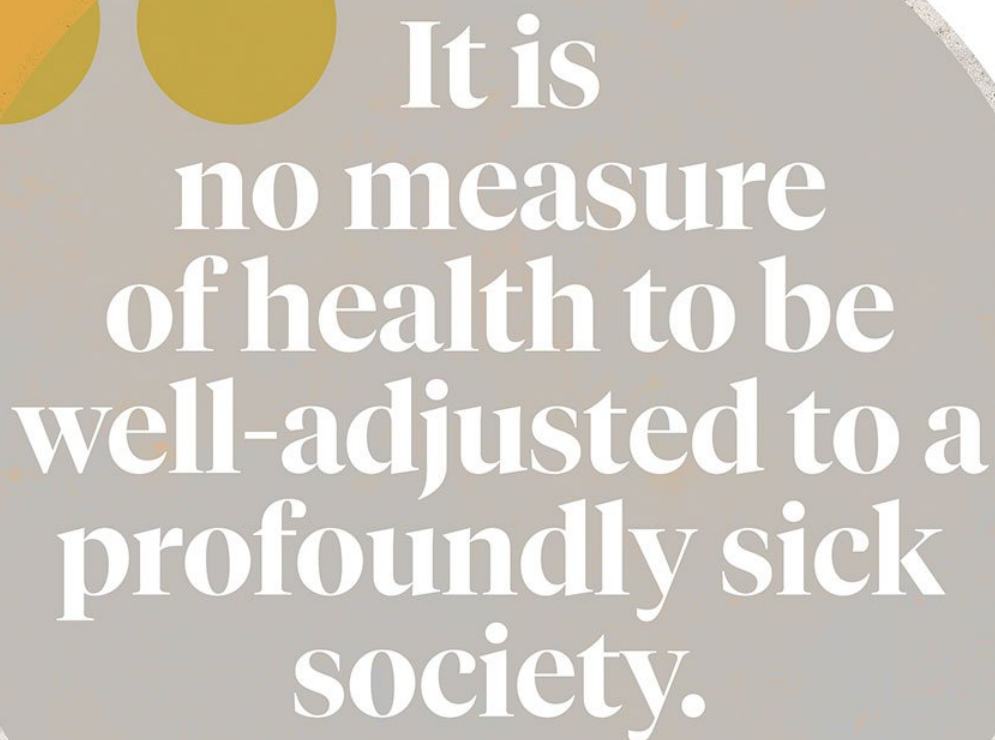
KANZ NEWS – June 2026

www.kanz.org.nz



Source: [Krishnamurti Foundation Trust, England](#)

Reading the Book of Oneself



It is
no measure
of health to be
well-adjusted to a
profoundly sick
society.

J. Krishnamurti

‘It Is No Measure of Health To Be Well-Adjusted to a Profoundly Sick Society’ is perhaps Krishnamurti’s best-known quote, shared widely across the internet and even in films.

Although we cannot attribute these exact words to Krishnamurti, he made similar statements over the decades, and it is a theme he returned to repeatedly.

Read the article [here](#)

Source: [Krishnamurti Foundation Trust, England](#)

2025 Most Watched Extracts



This feature presents the five most watched Krishnamurti talk extracts in 2025.

1. [The Ending of Fear](#)
2. [The Man Who Meditated For 25 Years](#)
3. [Watching Loneliness](#)
4. [How Is The Mind To Be Made Quiet?](#)
5. [A Perception That Ends Conflict Immediately](#)

Source: [Krishnamurti Foundation Trust, England](#)

American Foundation Newsletter



The Krishnamurti Foundation of America has published its Winter / Spring 2026 Newsletter.

Read [here](#)

Source: [Krishnamurti Foundation of America](#)

Krishnamurti Podcast – Authority



This month's episode on Authority has five sections.

The first extract (2:11) is from Krishnamurti's second talk in New Delhi 1962, titled 'Breaking down authority'.

The second extract (18:20) is from the fourth talk at Brockwood Park in 1975, titled 'We accept the authority of gurus'.

The third extract (25:12) is from Krishnamurti's third talk in Bombay 1967, titled 'Spiritual authority is an evil thing'.

The fourth extract (43:54) is from the second talk at Brockwood Park in 1971, titled 'Cooperation without authority'.

The final extract this month (50:59) is from Krishnamurti's second talk in Saanen 1970, titled 'Freedom implies the cessation of all authority'.

Listen [here](#).

Source: [Krishnamurti Foundation Trust, England](#)

New Zealand September Retreat



Following similar events in previous years, a weekend retreat is being planned, from September 25th to 27th.

The venue will be the Aio Wira Retreat Centre, at Waitakere, West Auckland, a quiet place surrounded by native bush.

See <https://www.aiowira.org.nz/>

Further details will be available in future newsletters.

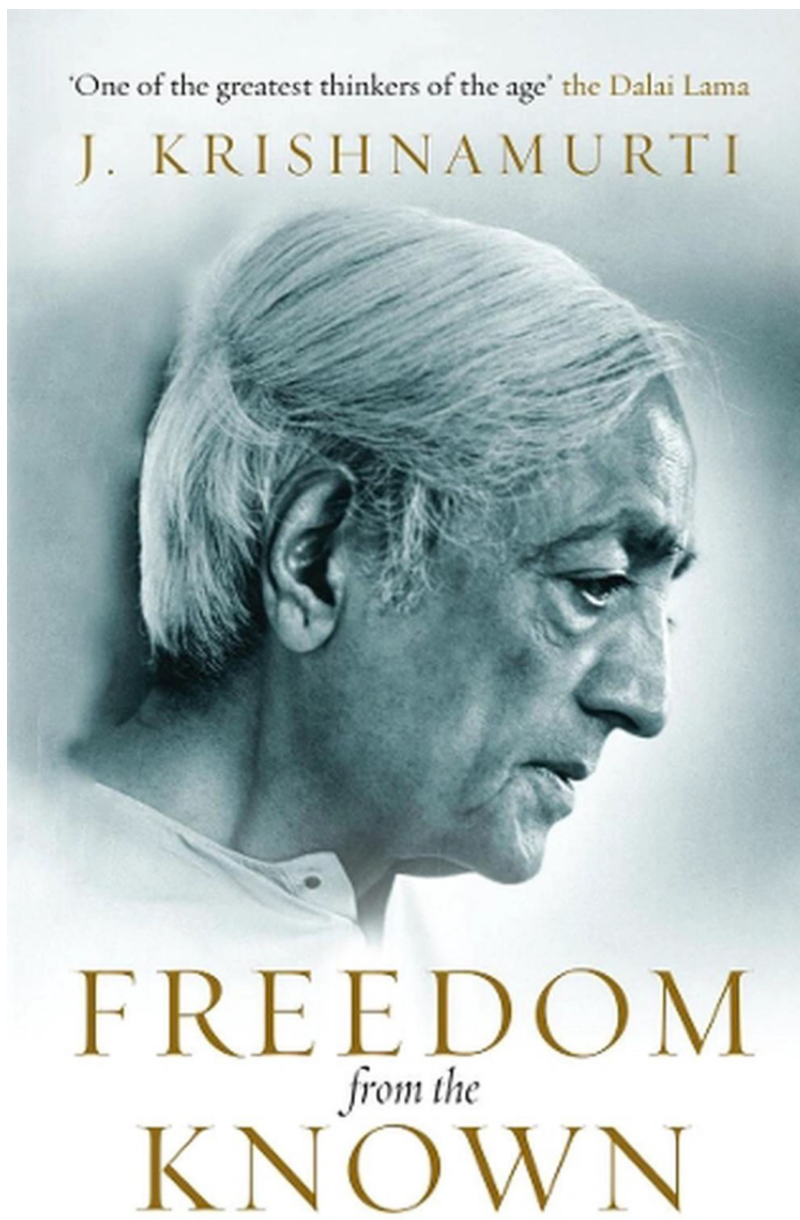
Any queries, or bookings, can be made to:

Mirani – anila3@live.com – for practical details

Clive – clive.elwell@gmail.com – concerning the program

Krishnamurti Mail Lending Library

The Future is Now – Krishnamurti's Last Talks in India



When Krishnamurti went to India in November 1985, no one could have guessed that he was within four months of his death.

Although in his ninety first year, and naturally, showing signs of bodily weakness, he gave public talks and took part in discussions in different parts of India with all the vigour and the same passionate concern for the future of humanity as he had shown for the previous sixty years.

He spoke of the facts of daily living, stressing always that in spite of the amazing technological achievements of modern times, man, psychologically, had remained the barbarian he was when he first appeared on the earth. Each of us, he maintained, was responsible for

the brutality, butchery and divisiveness of the society in which we live because society was only a reflection of our inner selves, and nothing could save the world from the chaos it was in but a mutation in each human psyche. He said the mutation could be brought about but that it must be now, otherwise what we are today would still be the same tomorrow.

Krishnamurti's message cannot be ignored. After reading him one can no longer shrug one's shoulder and say "I know we are headed for disaster but what can I do about it?"

Krishnamurti was one of the world's great teachers. His vision and influence spanned a very long life.

As in most books, this, this final message, is transmitted in the form of public conversations in question-and-answer sessions.

--- (from book's dustjacket)

"What does it mean to die? To give up everything.

Death cuts you off with a very sharp razor from your attachments, from your gods, from your superstitions, from your desire for comfort, next life and so on and on.

I am going to find out what death means because it is as important as living.

Put that question to yourself.

While we are young, or when you are very old, this question is always there.

It means to be totally free, to be totally unattached to everything that man has put together, or what you have put together — totally free. No attachments, no gods, no future, no past.

See the beauty of it, the greatness of it, the extraordinary strength of it – while living to be dying.

You understand what that means? While you are living, every moment

you are dying, so that throughout life you are not attached to anything. That is what death means.

So living is dying. You understand? Living means that every day you are abandoning everything that you are attached to. Can you do this?

A very simple fact, but it has tremendous implications.

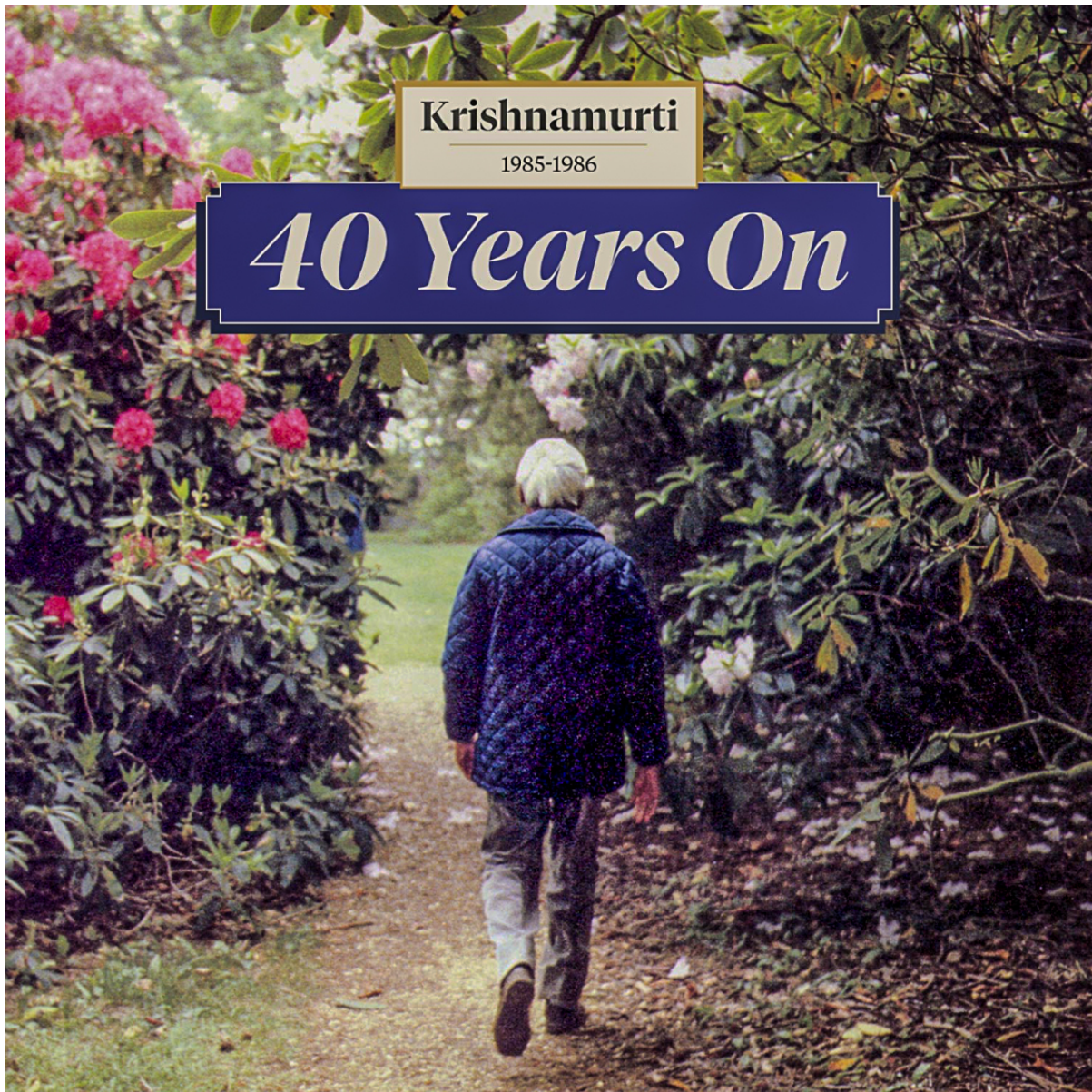
So that each day is a new day. Each day you are dying and incarnating. There is tremendous vitality, energy there because there is nothing you are afraid of. There is nothing that can hurt. Being hurt doesn't exist"

1st January 1986, Madras (Krishnamurti's penultimate talk)

To see a complete list of the books available from the Krishnamurti Postal Lending Library, and details of how to borrow books, visit:

<https://www.kanz.org.nz/library>

Krishnamurti Foundation Trust Annual Appeal



The Krishnamurti Foundation Trust, based at Brockwood Park in England, endeavours to uphold, in the Krishnamurti School, Centre, and Foundation, a deep and ongoing consideration in maintaining the integrity of the teachings and making them widely, non-interpretatively, available.

40 Years On.....

Brockwood Park School continues to be unique and uplifting. Annually hosting around 60 students from 25 countries, it provides an education deeply inspired by Krishnamurti's teachings. Since opening, around 1,700 students have passed through.

The Foundation Trust preserves and shares the teachings, making them freely available to millions of people. Bringing Krishnamurti's works into

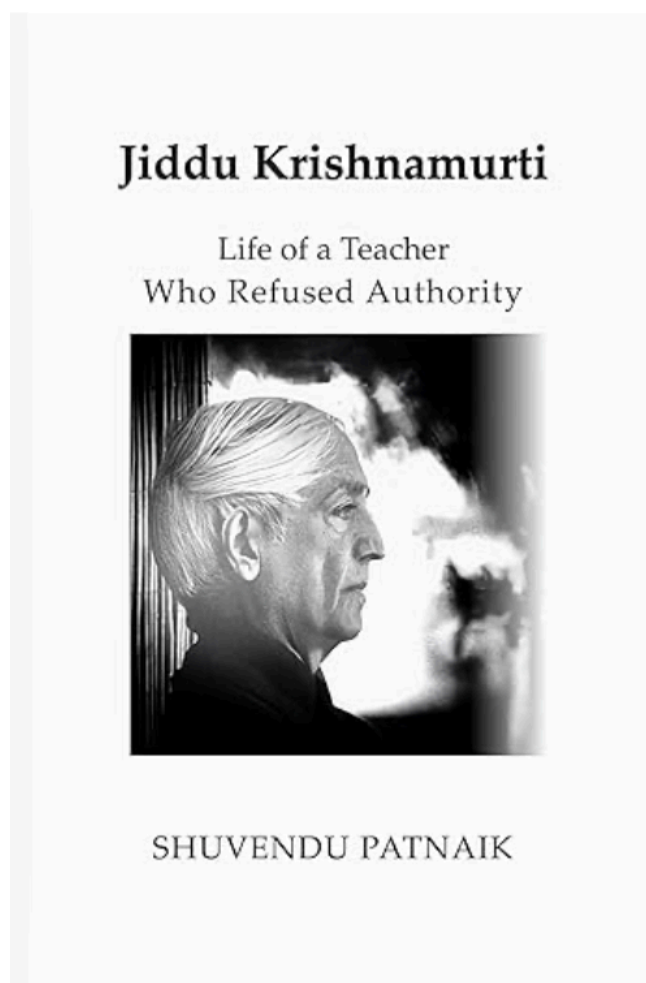
the digital era it's expanding their reach and engagement exponentially.

The Krishnamurti Centre provides a quiet, beautiful space for self-reflection and study of the teachings. A vibrant programme with a range of options, including the popular Group Retreats, has contributed to a three-fold increase in guests in the last five years.

The Brockwood Fund is a permanent endowment fund that will allow for long-term financial planning and security for Krishnamurti Foundation Trust and the vital work occurring across Brockwood Park. Donations to the Fund will go on working indefinitely to this end.

Please Donate Today

A Book About Krishnamurti's Life Story



Jiddu Krishnamurti's life story—from "World Teacher" to a voice of inner freedom—inviting readers to think, question, and discover for

themselves.

Jiddu Krishnamurti was once proclaimed the “World Teacher”—destined to guide humanity. He refused the role and walked away.

What followed was not a new belief, but a radical invitation to think for oneself and discover freedom directly.

This book traces his remarkable journey—from a quiet, dreamy boy discovered on the shores of South India to a teacher whose words reached people across the world. He did not offer beliefs or systems to follow. Instead, he questioned tradition, challenged fear, and invited each person to observe life directly and think for themselves.

Written in a clear and simple style, the book is especially accessible to young readers and young adults, while remaining meaningful for seekers of all ages. The short chapters allow space for reflection, making it easy to pause, think, and return again.

This is not the story of a saint to be followed, but of a human being who refused to become an authority—so that others might discover freedom for themselves.

Buy the book [here](#)

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH:

- contact Pauline Matsis 03 312 1470 / paulinematsis@gmail.com
- contact Kyoko Giebel 03 329 4789 / aakaasha@glenrowan.nz

PALMERSTON NORTH

- contact Nadya Kaplyukova / mua_mail@yahoo.com

ROTORUA

- contact Anne Richards 027 661 9121 / anne.richards250@gmail.com

HAMILTON

- contact: Clive Elwell 022 085 7184 /



Postal lending book library –
<https://www.kanz.org.nz/library>

Virtual Online Krishnamurti
 Study Centre

<https://www.kanz.org.nz/virtual>

clive.elwell@gmail.com

AUCKLAND

- contact: Norbert Csatory 027 498 7795 /
norbertcsatory@hotmail.com

<https://www.kanz.org.nz/virtual-krishnamurti-study-centre>

Krishnamurti Association in New Zealand

www.kanz.org.nz

e-mail: kanzadmin@gmail.com

[unsubscribe from this list](#) [update subscription preferences](#)

This email was sent to << Test Email Address >>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Krishnamurti Association in New Zealand · P.O. Box 990 · Cambridge, Wkto 3450 · New Zealand

