

KANZ NEWS – May 2023

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**สถาบันศาสนาและโลกสมัยใหม่อยู่คู่กัน
ทั้งสองนั้นบ่มเพาะหัวใจอันว่างเปล่า**

**Organized religion and the modern world go
together: they both cultivate the empty heart**

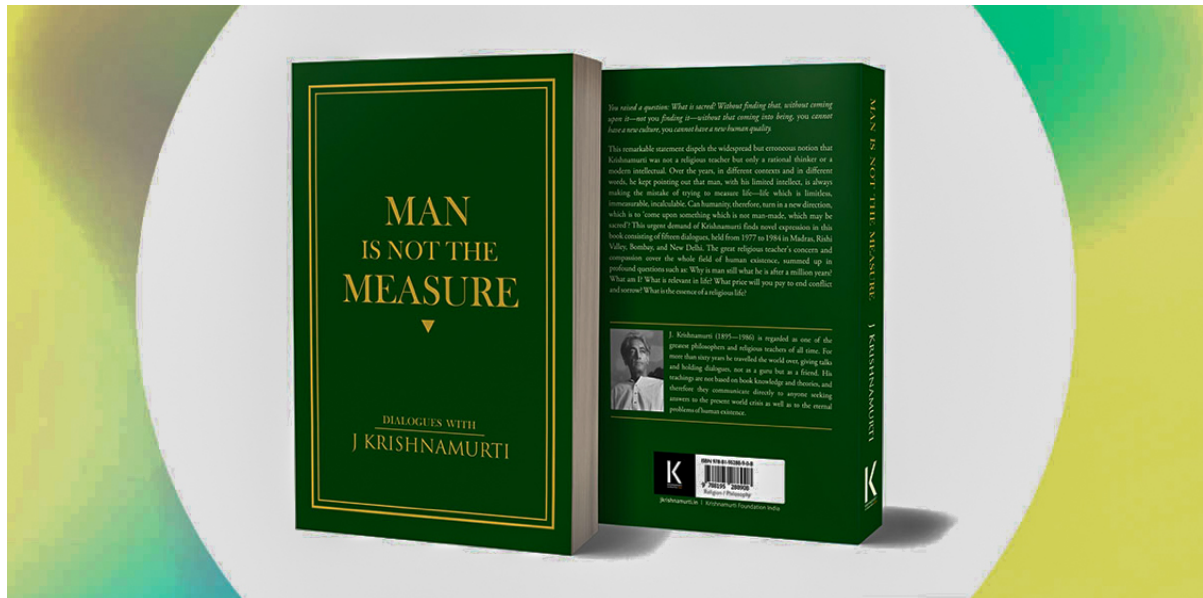
ชีวิตเราช่างตื่นขึ้น เรามีปัญญาความคิดลาดปราดปร้าง
สามารถประดิษฐ์คิดค้นได้อย่างเยี่ยม ผลิตอาวุธยุทโธปกรณ์
ที่มีอำนาจทำลายล้างสูงเพื่อพัฒนาบุษย์ด้วยกัน และ
สร้างการแบ่งแยกระหว่างพวกเรานั่นเองขึ้นเรื่อยๆ แต่เราไม่รู้
ว่าการที่จะรักษาหัวใจของเรา ไม้มีเสียงเพลงในหัวใจเรา

We are superficial, intellectually brilliant, capable of
great inventions and of producing the most
destructive means of liquidating each other, and
creating more and more division between
ourselves. But we do not know what it means to
love; we have no song in our hearts.

J. Krishnamurti
On Nature and the Environment, New Delhi 1968

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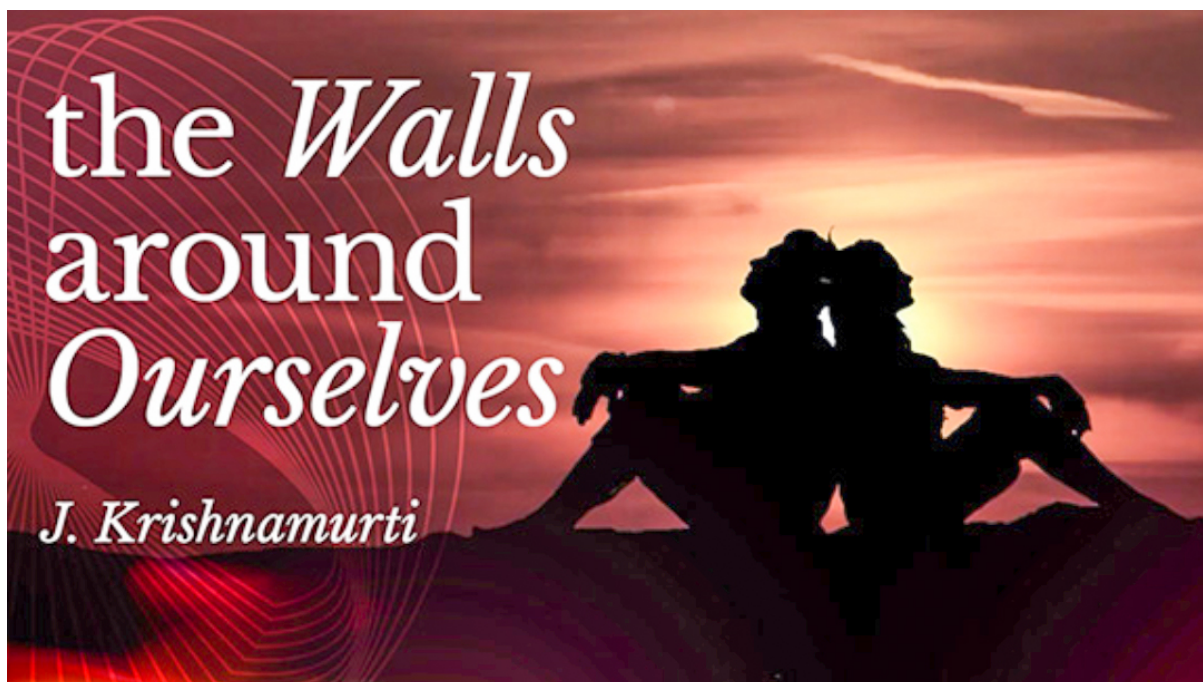
New Book – Man Is Not The Measure



In the new book *Man Is Not the Measure*, consisting of fifteen dialogues held from 1977 to 1984 in India, Krishnamurti inquires into the whole field of human existence, summed up in profound questions such as: Why is man still what he is after a million years? What am I? What is relevant in life? What price will you pay to end conflict and sorrow? What is the essence of a religious life?

[Purchase Book](#)

New Video – The Walls Around Ourselves



Psychologically we have created walls around ourselves, walls of resistance, walls of hope, fear, greed, envy, ambition, desire for position, power, prestige. They are created by the thinker. The thinker has created the space around himself in which he lives, and there he is never free. Beauty is not only the thing that you see; that's a very small part. Beauty is not the result of thought, is not put together by thought. Like love, thought has no place where affection is. Where there is jealousy, envy, greed, ambition, and pride—love is not. We all know that. But, to find out what it means to love, there must surely be freedom from all travail, all jealousy, all envy. Then we will know.

In the same way, to be free implies no psychological walls created by the center. Freedom means space. Freedom also implies an end to time, not abstractly but actually. Freedom means to live completely today because we have understood the whole structure, the nature, and the meaning of the past. The past is the conscious as well as the unconscious. We have understood the whole of that. Because of that understanding, there is the active present, which is living. Can this actually happen in our daily life?"

J. Krishnamurti

Talk 5, Paris, 1966

[Watch video here](#)

**Krishnamurti Foundation of America
Bi-Annual Foundation Focus Newsletter**

Foundation Focus

Winter/Spring 2023

KRISHNAMURTI FOUNDATION OF AMERICA

*including Oak Grove School and
the Krishnamurti Center*



As long as the thinker exists apart from his thought, which he is trying to dominate, there can be no fundamental transformation. As long as the "me" is the observer, the one who gathers experience, strengthens himself through experience, there can be no transformation, there can be no creative release; but, that creative release comes when the thinker is the thought, which is not to be bridged by any effort; that can only come when the mind realizes that any speculation, any verbalization, any form of thought, only creates more, gives strength to the "me" as long as thought exists separate from the thinker, there must be the limitation, the duality, the conflict.

When I realize that, then I am watching, then the mind is everlastingly watching how it is separating itself from experience, asserting itself, seeking power. That awareness, if you pursue it, if the mind pursues ever deeply, more extensively, without seeking an end, a goal, then you will see that the thinker and the thought are one. In that state there is no effort, there is no becoming, there is no desire to change; in that state there is a transformation which is not of the mind.

J. Krishnamurti - continues on page 6

Contents

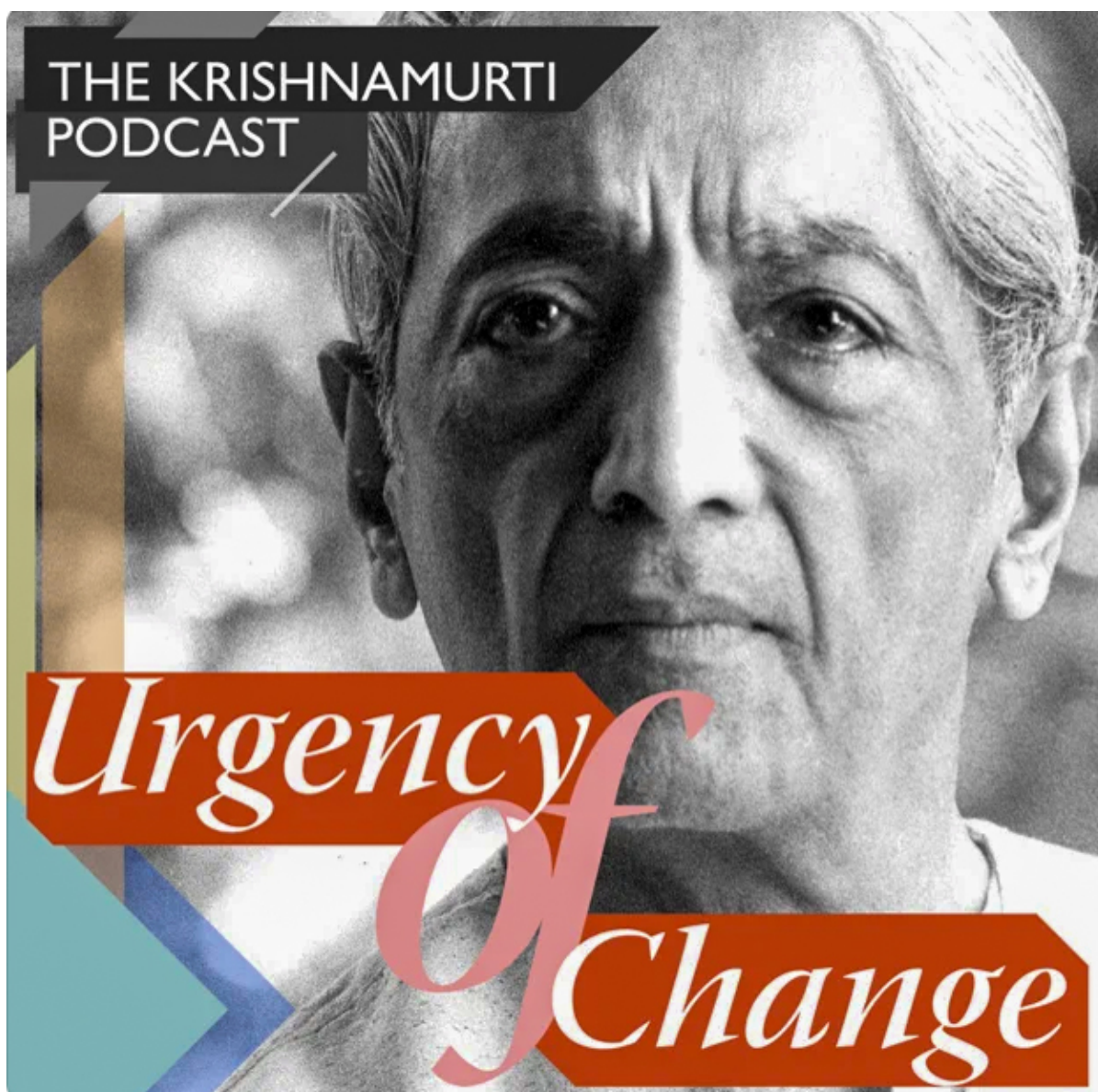
LETTER FROM EXECUTIVE DIRECTOR, CENTER DIRECTOR & HEAD OF SCHOOL	2
ARCHIVES & PUBLICATIONS	3
INDIVIDUAL AND SOCIETY	4
A PLACE TO CONSISTENTLY DISCARD THE PAST	5
THE OBSERVER IS THE OBSERVED	6-7
OAK GROVE SCHOOL	8-9
KFA MAY GATHERING 2023	10
IN-PERSON & ONLINE PROGRAMS	10
PLANNING FOR LONG-TERM FINANCIAL SUSTAINABILITY	11

You are invited to read Foundation Focus, which is the bi-annual printed newsletter that features news, information, and updates from the KFA.

[Click here](#) to read the full digital version.

Krishnamurti Podcasts

Krishnamurti with Alain Naudé 5



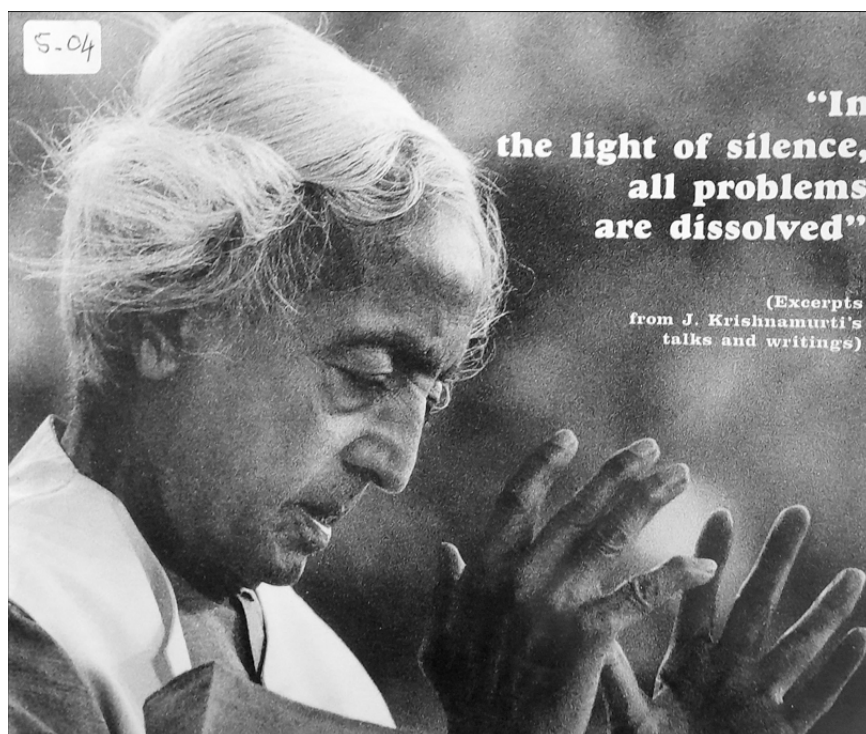
This conversation between Krishnamurti and Naudé was recorded in Malibu in 1972. They ask: Is there in us a place where there is no corruption, where there is real, absolute peace and order? The stream of vulgarity in the world has its source in the self, 'the me', the ego. When there is no self, there is a responsibility for humanity. What is the relationship between this stream, the self which is perpetuating the stream, and the unknown? How is one who is in the stream to understand instantly, without going through the evolutionary process? One steps out of the stream if one denies time, in the sense of becoming, being, achieving, comparing. Can the mind, without any motive, negate the self?

Alain Naudé was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer and concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti's talks, at a time of cultural change in the West.

Listen [here](#).

Krishnamurti Postal Lending Library Book Review

"In the light of silence, all problems are dissolved"



"In the light of silence, all problems are dissolved" is the title of a booklet that was compiled for distribution at the annual gathering of the Krishnamurti Foundation of India in 1992. Its whole theme is silence, a subject that Krishnamurti talked of often throughout his teachings.

"To learn is to approach any problem quietly, silently. It is only a silent mind, a quiet mind, the mind that is moving with the fact that learns"

The essence, the totality, of this book is really contained in its title. But for convenience the extracts have been collected together under fourteen themes. Here are six of those themes, all taken from quotes in the book:

1. The very noise of the self prevents its own dissolution
2. Can you look at your own sorrow with complete silence?
3. You will know love when the the mind is very still
4. Silence, the movement of silence, is the only field in which there is a change
5. Silence that has continuity is not silence
6. Is it possible to function in this world with this enormous sense of silence?

If one sees the need to take a journey into the silence of the mind, this book will provide one with food for enquiry.

One final quote:

There can be no silence as long as there is a seeker. There is the silence of a still mind only when there is no seeker, when there is no desire. Without replying, put this question to yourself: Can the whole of your being be silent? Can the totality of the mind, the conscious as well as the unconscious, be still

To see a full list of books in The Krishnamurti Postal Lending Library, visit:

<https://www.kanz.org.nz/library>

Auckland Dialogue Meeting

Meetings are held fortnightly on Mondays.

The meeting location has changed and meetings are now being held in New Lynn.

Please contact Brett Nielsen 021 974 960 to obtain meeting details and to advise attendance.

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH

- contact Kyoko Giebel 03 329 4789 / aakaasha@glenrowan.nz– monthly:
- contact Pauline Matsis 03 312 1470 / paulinematsis@gmail.com

PALMERSTON NORTH

- contact Nadya Kaplyukova / mua_mail@yahoo.com

HAMILTON

- contact: Clive Elwell 022 085 7184 / clive.elwell@

AUCKLAND

- contact Brett Nielsen 021 974 960



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Virtual Online Krishnamurti Study Centre

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