

KANZ NEWS – August 2022

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แน่นอนความสัมพันธ์เป็นกระจกสะท้อน
ให้คุณค้นพบตัวคุณเอง

Relationship, surely, is the mirror in which
you discover yourself.

J Krishnamurti
The Network of Thought (Ch.)



The Anveekshana Foundation

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www.streamgarden.org

Previously these newsletters have published the content of two public exhibitions focused on the teachings of J. Krishnamurti. "To The Young" and "World In Crisis".

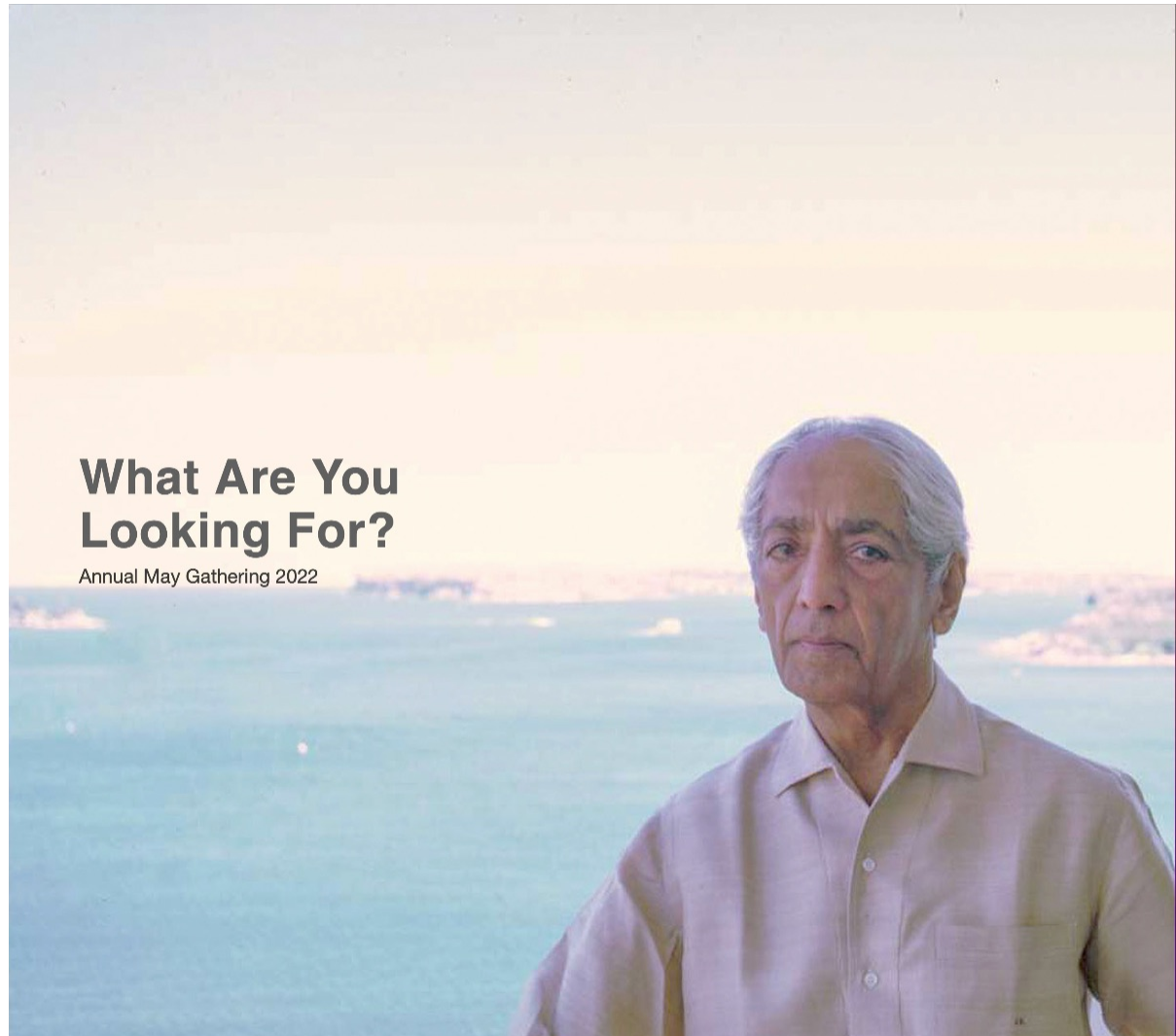
These two exhibitions were developed by Vikram Parchure a designer exploring design as an instrument of social change and value education. He had his formal training at the National Institute of Design, Ahmedabad, and has explored design in the context of diverse fields. He has been involved with curriculum design in mainstream and progressive education, the design of learners' aids in adult literacy and non-formal education programmes, the design of conscience raising programmes for the socially oppressed, and the teaching of value education through theatre. He innovated a pilot heritage education programme near Chennai to address issues of cultural alienation in contemporary society.

Vikram has developed a third exhibition entitled "The Only Revolution". It has been unable to be exhibited publicly due to restrictions caused by the pandemic. However, a panel from the exhibition will be published each month in this newsletter over the coming months.

Our thanks to Vikram Parchure and The Anveekshana Foundation, Thailand for permission to show these panels.

Krishnamurti Foundation of America

Annual Gathering



The Krishnamurti Foundation of America held its Annual Gathering on Saturday, May 7 and Sunday May 8.

Key presentations from the Gathering will be presented here over the next few months.

Krishnamurti's Methodology Presented by David Moody



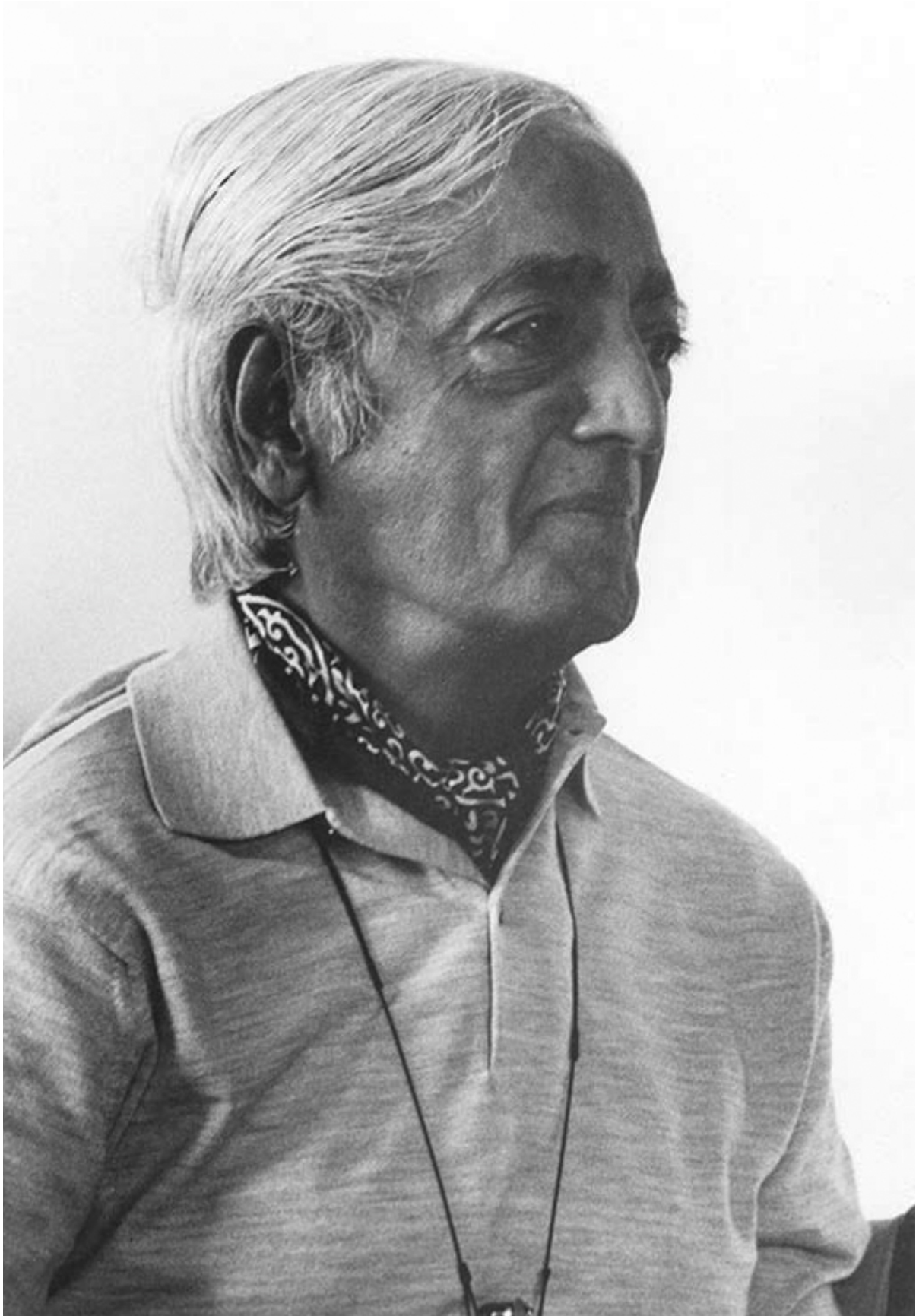
Krishnamurti emphasised on many occasions that he was not proposing or advocating for any kind of method in his teachings. Among the methods that he rejected were analysis and introspection. Nevertheless, he expressed a comprehensive set of observations and insights pertaining to the issue of method in the psychological field. He even articulated an approach or procedure that was compatible with his teachings -- although he insisted this approach was not a method, nor could any method bring it about. This whole set of observations and insights represents what may be called Krishnamurti's methodology, and it is central to any understanding of his teachings. In this talk, David Moody examines Krishnamurti's methodology and shows how it differs from conventional schools of thought in the psychological field. Much of Krishnamurti's methodology is highly original, and the talk considers how that contributes to the challenge of understanding the teachings. Awareness, observation, learning, insight, and intelligence are among the topics explored.

David Edmund Moody, PhD, is the author of *Krishnamurti in America: New Perspectives on the Man and his Message*. David worked closely with Krishnamurti in his capacity as director of the Oak Grove School, the position he held at the time of Krishnamurti's death. David's previous book was *An Uncommon Collaboration: David Bohm and J. Krishnamurti*. As a result of this book, he was selected to participate in the recent documentary film about Bohm, *Infinite Potential*. Additional information about David and his books is available at

DavidEdmundMoody.com.

Watch the presentation [here](#).

The Emerging Quality of the New Brain



"The brain is active from the moment you wake up until you go to sleep, and even then the activity of the brain is still going on. That activity in the form of dreams is the same movement of the day carried

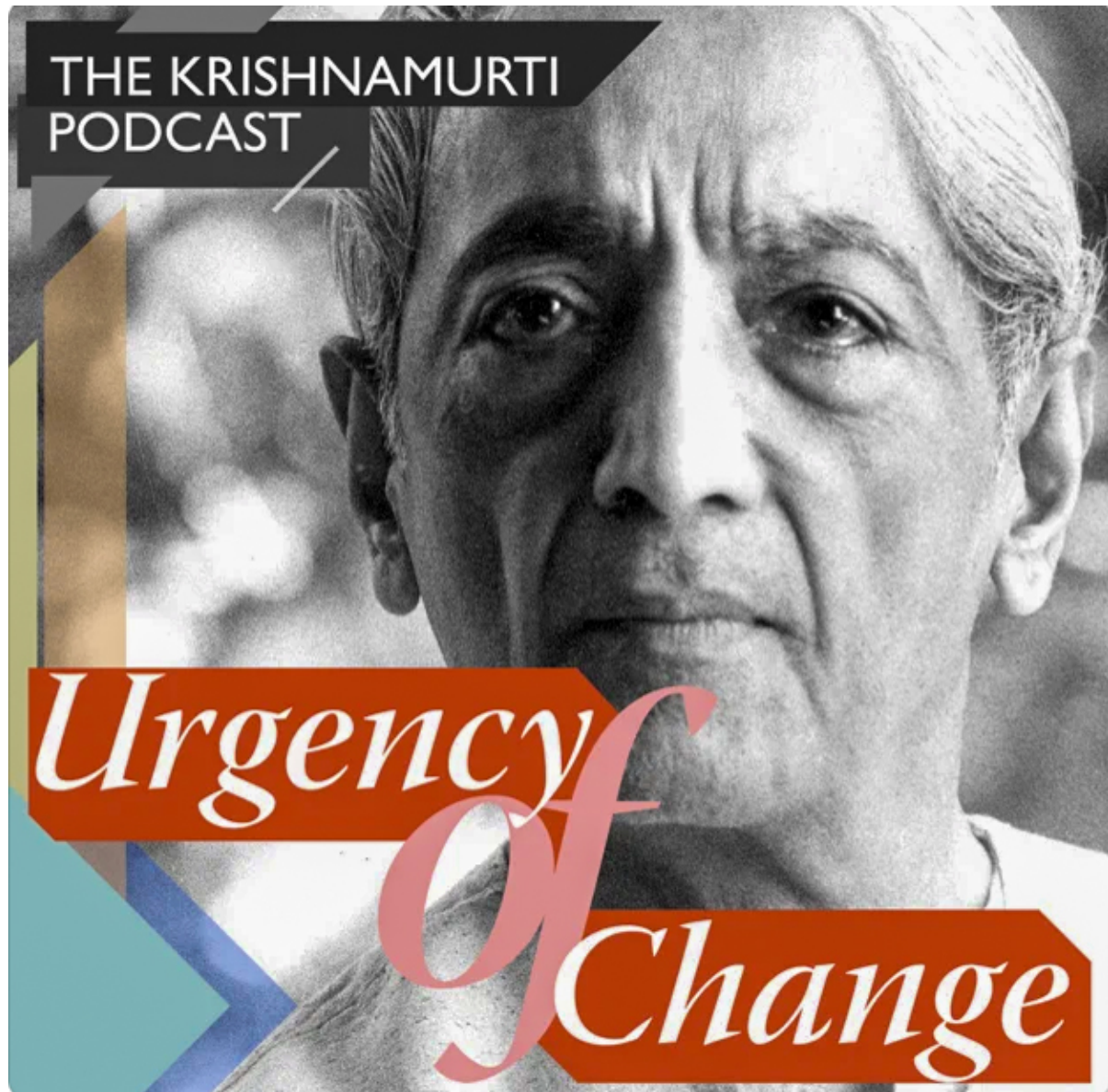
on during sleep. The brain has never a moment's rest, never does it say, 'I have finished.' It has carried over the problems which it accumulated during the day into sleep; when you wake up those problems still go on—it is a vicious circle. A brain that is to be quiet must have no dreams at all; when the brain is quiet during sleep there is a totally different quality entering into the mind. How does it happen that the brain which is so tremendously, enthusiastically active, can naturally, easily be quiet without any effort or suppression? I will show it to you.

As we said, during the day it is endlessly active. You wake up, you look out of the window and say to yourself, 'Oh, awful rain,' or 'It is a marvelous day, but too hot'—you have started! So at that moment, when you look out of the window, don't say a word; not suppressing words but simply realising that by saying, 'What a lovely morning,' or 'A horrible day,' the brain has started. But if you watch, looking out of the window and not saying a word to yourself—which does not mean you suppress the word—just observing without the activity of the brain rushing in, there you have the clue, there you have the key. When the old brain does not respond, there is a quality of the new brain coming into being. You can observe the mountains, the river, the valleys, the shadows, the lovely trees, and the marvelous clouds full of light beyond the mountains—you can look without a word, without comparing."

J. Krishnamurti

Excerpt from The Impossible Question

Krishnamurti Podcasts
Conversation with David Bohm
– A feeling for something sacred



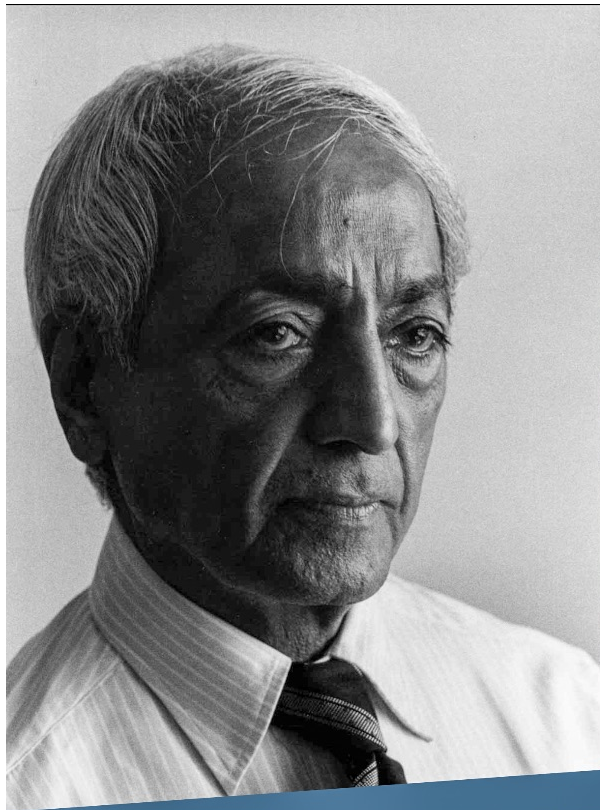
David Bohm's contact with Krishnamurti began in the early 60s and continued into the 80s. Their dialogues are far-reaching and profound. Over 30 audios and videos are available on our [YouTube channel](#), and are published in the books Truth and Actuality, The Transformation of Man, and The Ending of Time.

Recorded in 1981 in Ojai, California, this conversation explores the sacred, with Krishnamurti saying that there is a sacred origin which gives one tremendous passion and energy. He asks: is anyone willing to totally abandon everything that thought has created, including the 'me'? Is it possible to live a daily life in the modern world without any identification? How am I to educate myself to have no shocks of any kind? Only a brain free from shocks can find the origin. The brain must be always in a state of movement without identification, like a river.

Then it cannot be shocked.

Listen [here](#).

Expressions of Interest Invited 13 Week Online Course The Book of Yourself



THE BOOK OF YOURSELF

"The understanding of yourself, however painful or passing, is the beginning of wisdom"

The Course

The intent of the course is to take Krishnamurti's teachings as a mirror in which our humanity is compassionately and insightfully reflected in an attempt to see and understand ourselves and thereby become fully responsible for our lives.

The Book of Yourself Course is an extensive exploration of the core aspects of our human condition. This exploration is based on the perception that as human beings we embody the universal history of mankind and that it is through understanding this history, this conditioning, that we may bring about a profound transformation in our consciousness and in the world

The course presenter is Javier Gómez Rodríguez (1958 –) who was born in Spain. In his mid-teens he came across the work of J. Krishnamurti and was instantly struck by its wholeness and 'ring of truth'. From 1975–1978 he was a student at Brockwood Park, the school Krishnamurti had founded in England in 1969. After completing a B.A. in Humanities and an M.A. in Spanish Language and Literature in the US, in 1990 he returned to Brockwood as a teacher. There he met

up with Krishnamurti's close associate David Bohm and actively engaged with him in the exploration of his dialogue proposal, one of the most creative approaches to self-knowledge and transformation in a group setting.

Javier is offering to run the course starting in January 2023 online. Due to the significant time difference between Europe and Australasia he is planning to hold it at a time more suited to Australasian participants. There are thirteen sessions and they would likely be held once a week on Saturday or Sunday in the late afternoon or early evening Australasian time. Each session is three hours and includes dialogue.

You can view detail of the course and its structure [here](#).

In order to organise the course we would like to see if there are enough people interested in joining so that it can run.

If you would plan to sign up for this course then please e-mail the KANZ Secretary at kanzadmin@gmail.com to indicate your interest.

If there are enough people interested then Javier will organise to offer the course as planned.

Krishnamurti Postal Lending Library

Collection of Older Booklets



These days when people wish to watch a video, or video extract, of a Krishnamurti talk or dialogue, they may automatically turn to the internet, or more specifically YouTube. And indeed they will find a very comprehensive collection of material there, posted by The Krishnamurti Foundation Trust, The Krishnamurti Foundation of America, and private individuals.

It is believed that the first sound recording of a Krishnamurti talk was in

1961, in London. Thus, if your browsings are restricted to audio/visual material, you will miss a great wealth of Krishnamurti's work. The text of his earlier talks/discussions can be found, of course, on the web, but if you are someone who likes to have a book in their hand, rather than read from a screen, the Krishnamurti Postal Lending Library can be of help. We have dozens of original published booklets going back to the dissolution of the Order of the Star days up to the late 1960's. These represent talks given all over Europe, in India, the USA, and South America, and even New Zealand (Krishnamurti travelled extensively giving talks and holding discussions).

Krishnamurti maintained that the content of his "teachings" never changed over the years, at least in essence, but the reader will certainly discover significant differences in language, in approach in his talks as the years passed. If one reads older material for the first time, one may find challenges to conclusions one might have drawn from his more recent talks and books.

The booklets include both hard and soft covers, and some have been annotated by previous readers. They are not individually listed in our catalogue, but If you would like to borrow a small number, please contact the Krishnamurti Postal Lending Library:

Krishnamurtinzwebsite@gmail.com



The Urgency of Change – A Weekend Gathering

Throughout his speaking life, Krishnamurti emphasised the need for a fundamental change in the mind of mankind. Without such a transformation, he said, society cannot possibly change its ways, and we will continue on the destructive, violent path that we are following now. This path seems to be leading to a very dire future.

So can we change fundamentally in ourselves? This is really a crucial question.

You are invited to a weekend gathering to explore this question with others, through group dialogue, through exploring the words of Krishnamurti, and some time in silence and with nature.

The gathering is on the weekend of Friday 7th October until the afternoon of Sunday 9th October 2022, (afternoon tea will be served at 3pm; please arrive at the latest on Friday in time for dinner at 6.30 pm).

The venue is the beautiful, secluded, [Waitetuna Retreat Centre](#), This is near Raglan, a two hour drive from Auckland. Help with transport can be arranged, including a pickup from Auckland, or Hamilton airport.

The cost of the gathering, including vegetarian meals, is estimated to be a little over \$300. depending on numbers.

To make a booking, or request further details, please email Mirani: <anila3@live.com> or call 0210 229 2644

Krishnamurti said several times that it was possible to walk out of the tent after one of his talks entirely free of fear. He also said "Transformation can only take place immediately; the revolution is now, not tomorrow". Can we use the opportunity presented by this retreat to actually understand why we do not change our lives, and so perhaps bring about real transformation in ourselves?

" So, together we are taking the journey to find out if we human beings can radically bring about a change in ourselves. Not through compulsion, not through some enticement or some promise, but seeing things as they are – the frightening, the desperate state man has reached, the confusion that really thinking man is in, because he has been told so many things all his life, all contradicting "

– J Krishnamurti

Auckland Dialogue Meeting

The group meets weekly to enquire into "human nature and the mind".

The meetings are held every Monday from 7:00 pm to 8:30 pm.

The location for the meeting is,

Sandringham Community Centre

18/20 Kitchener Road, Sandringham, Auckland 1025

Date and Time: Mondays 7:00 pm to 8:30pm

The venue hire cost of \$32 per night and each participant is invited to make a small contribution to help with the hire cost.

You will be very welcome to turn up on the night.

Further information can be obtained from Diego Torres
– diegotorre5@hotmail.com

Christchurch Dialogue Meeting

Sunday, 28 August, 2pm – 4:30pm

4/252 Worcester Street, Christchurch

If you intend to come, please let Kyoko know by 26 August by either email or text.

aakaasha@glenrowan.nz, [027 340 8492](tel:0273408492) (text only)

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH

- contact Kyoko Giebel [03 329 4789](tel:033294789) / aakaasha@glenrowan.nz– monthly:
- contact Pauline Matsis [03 312 1470](tel:033121470) / paulinematsis@gmail.com

PALMERSTON NORTH

- contact Nadya Kaplyukova / mua_mail@yahoo.com



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– contact: Clive Elwell [022 085 7184](tel:022-085-7184) /
clive.elwell@

AUCKLAND

– contact:
Diego Torres diegotorre5@hotmail.com

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Study Centre**

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