

KANZ NEWS – April 2020

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Why Do You Believe?

Apparently for most of us belief of some kind is necessary: belief in brotherhood, in the end of war, in the end of sorrow, in pacifism, in leading a good life. Why should we have any beliefs?

The Collected Works, Vol. 16

Why do you want to believe in anything? Why do you want to believe in the unity of all human beings? We are not united, that is a fact; why do you want to believe in something which is non-factual?

Beyond Violence, Ch. 6

Do you 'believe' that the sun rises? It is there to see, you do not have to

‘believe’ in that!

Beyond Violence, Ch. 6

You all believe in different ways, but your belief has no reality whatsoever. Reality is what you are, what you do, what you think, and your belief is merely an escape from your monotonous, stupid, and cruel life.

The First and Last Freedom, Q. 16

You may, or you may not, believe in God, but that belief has very little meaning in daily life, where you cheat, where you destroy, are ambitious, greedy, jealous, violent. You believe in God, or in a saviour, or in some guru, yet keep that far away so that it does not actually touch your daily life.

Beyond Violence, Ch. 4

When belief becomes all-important, then you are willing to sacrifice everything for that; whether that belief is real or has no validity does not matter as long as it gives comfort, security, a sense of permanency.

Beyond Violence, Ch. 4

We ask protection of the gods whom we have created. It is really quite fantastic!

Tradition and Revolution, Dialogue 3

It is really a very interesting problem, this question of belief and knowledge. What an extraordinary part it plays in our life! How many beliefs we have!

The First and Last Freedom, Ch. 6

The men who dropped the atomic bomb on Hiroshima said that God was with them; those who flew from England to destroy Germany said that God was their co-pilot. The dictators, the prime ministers, the generals, the presidents, all talk of God, they have immense faith in God. The people who say they believe in God have destroyed half the world, and the world is in complete misery.

The First and Last Freedom, Q. 16

All propaganda is false, and man has lived on propaganda ranging from soap to God.

The Only Revolution, Ch. 18

A man who kills out of hate or anger is regarded as a criminal and put to death. Yet the man who deliberately bombs thousands of people off

the face of the earth in the name of his country is honoured, decorated; he is looked upon as a hero. Animals are killed for food, for profit, or for so-called sport; they are vivisected for the 'well-being' of man. Extraordinary progress is being made in the technology of murdering vast numbers of people in a few seconds and at great distances. Many scientists are wholly occupied with it, and priests bless the bomber and the warship.

Commentaries on Living, Vol. 3, Ch. 32

What causes war, religious, political or economic? Obviously belief, either in nationalism, in an ideology, or in a particular dogma. We are fed on beliefs, ideas and dogmas, and therefore we breed discontent. The present crisis is of an exceptional nature, and we as human beings must either pursue the path of constant conflict and continuous wars—which are the result of our everyday action—or else see the causes of war and turn our back upon them.

The First and Last Freedom, Q. 10

Belief comes into being when there is fear. One sees the transient things of life—there is no certainty, there is no security, there is no comfort, but immense sorrow—so thought projects something with the attribute of permanency, called God, in which the human mind takes comfort.

Beyond Violence, Ch. 13

Belief is not reality. Your belief is the result of your background, of your religion, of your fears, and the non-belief of the communist and others is equally the result of their conditioning. To find out what is true, the mind must be free from belief and non-belief.

The Collected Works, Vol. 8

I am not attacking beliefs. What we are trying to do is to find out why we accept beliefs; and if we can understand the motives, the causation of acceptance, then perhaps we may be able not only to understand why we do it, but also be free of it. One can see how political and religious beliefs, national and various other types of beliefs, do separate people, do create conflict, confusion, and antagonism—which is an obvious fact; and yet we are unwilling to give them up. Is it possible to live in this world without a belief—not change beliefs, not substitute one belief for another—but be entirely free from all beliefs, so that one meets life anew each minute?

The First and Last Freedom, Ch. 6

The image and quotations above are sourced from an exhibition, entitled, "A World in Crisis", which has been put together by the Krishnamurti Foundation India in order to share with others Krishnamurti's insights into the nature of the crisis. Over the coming months each KANZ newsletter will present one of the panels from this exhibition.

Our thanks to Krishnamurti Foundation Trust (England), Krishnamurti Foundation of America, and to the many professional and amateur photographers for the use of their work in this humanitarian venture

Create Your Own Study Programme of Krishnamurti's Teachings

Krishnamurti Foundation Trust Ltd

J. Krishnamurti
Directory of Audio and Video
Recordings on YouTube

January 2020

The Krishnamurti Foundation Trust has recently compiled a directory containing information about, and direct links to, all the audio and video recordings of J. Krishnamurti currently on YouTube (as of January 2020). Hundreds more will be added in the future.

The directory has has two sections:

1. **Full Recordings** – which includes complete talks and discussions
2. **Extracts** – which includes all the Questions & Answers from 1979 to 1985 as separate video clips, plus other selected extracts.

You can use the directory on a computer, tablet or phone and do a word search to get information about recordings on a topic of your choice.

For phones and tablets please download a PDF reader app which allows word search, such as Adobe Acrobat Reader.

You can also directly go to a section such as Public Meetings USA or 'Attachment' in Extracts by clicking on it in the Table of Contents. To go directly to the recordings on YouTube just click on the hyperlink provided.

This new directory enables anyone with a computer, tablet, or phone to create their own study programme of Krishnamurti's teachings no matter where they are.

The directory can be downloaded [here](#)

Krishnamurti Podcasts



Commentaries on Living read by Terence Stamp (Part 1)

Commentaries on Living is one of Krishnamurti's most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956.

Terence Stamp is an Oscar-nominated actor. It was through working with the film director Federico Fellini that he met and became friends with Krishnamurti, who, in Stamp's words, 'used his presence to pause my thinking.'

Thanks to the Karina Library in Ojai, California for these recordings. Chapters included in this episode are Fulfilment, Thought and Love, Simplicity of the Heart, The Self, and Psychological Security.

[Listen here](#)

NOTE: For Microsoft Windows computers download iTunes for Windows [here](#) to listen to the podcast

CANCELLED – A Gathering in Christchurch



The Gathering in Christchurch, previously scheduled for 25th to 28th April, has been cancelled due to the Covid-19 emergency, and present government advisories. It is hoped that this Gathering will be able to be held later in the year.

A three day gathering is being organised in Christchurch, 25th to 27th April. This will be at Risingholme Community Centre, and is non-residential.

Through self-inquiry, through silence, through dialogue, through observation, and with some reference to several authors, including Krishnamurti, we will inquire into the most fundamental problem of our life; thought and the self.

It is emphasised that the gathering implies the active and equal

participation of all those attending, through dialogue, and activities. Although a program has been arranged, and sessions will be facilitated, there is no authority figure involved, no ideology, or belief.

It is hoped that during this gathering we can explore some of the following questions:

- Can we deeply enquire together, have dialogue together, putting aside what we know, our conclusions, our beliefs?
- Can we listen to others, without interposing our opinions?
- Can we put aside all notions of "what should be" and be concerned only with "what is"?
- What is the real nature of thought?
- Who am I?
- What is true meditation?
- Can the mind be quiet, still?

Thought is the very basis of the human mind, and if we wish to understand ourselves, we need to understand thought itself. Our civilisation and society, have been based on thought, and this may be why there is such confusion, so many problems. We are conditioned to try to solve all our problems using thought, but is this really possible?

So these are the issues that the gathering is concerned with. Although there will be some similarities to the Coromandel gathering last September, much of the material used will be new.

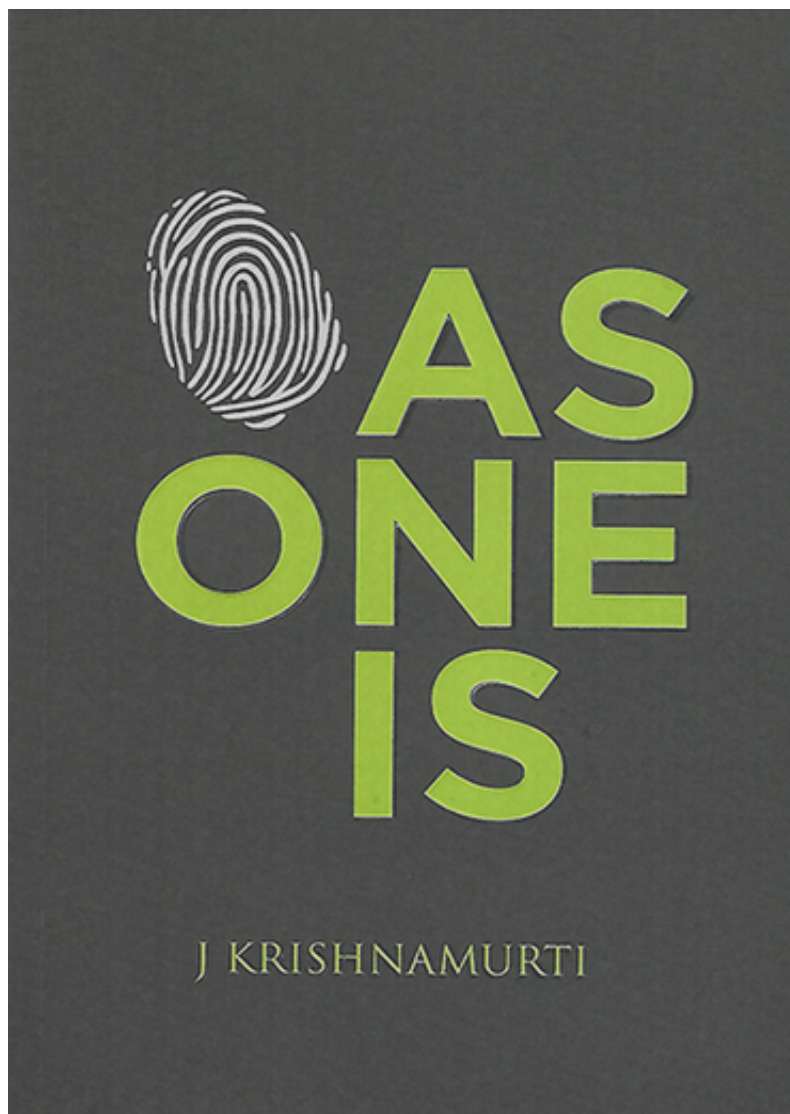
Facilitation is by Clive Elwell, and Mark Matsis.

Inquiries and applications to attend may be made to Mark Matsis: 027 240 6290 / markmatsis@gmail.com

For more information see the Facebook Event page by clicking here:

The problem of thought – an open enquiry

As One Is
A review from the Krishnamurti Postal Lending Library



For over 60 years Krishnamurti gave many thousands of talks in North and South America, most countries in Europe, India, Australia, and twice in New Zealand. Almost all of these talks, and his discussions, were recorded in later years on audio and video tapes. Many of the talks have been published in books, and “As One Is” is one such book, consisting of eight talks in Ojai, California in 1955.

In these talks, Krishnamurti confronts the confusion, habits, and assumptions of the human mind, and claims these lie at the root of all violence and suffering in the world. While these reflections were offered over fifty years ago, their meaning is as fresh and as relevant today.

Krishnamurti discusses a world in which booming productivity and scientific advancement promise a happy future, but don't provide it. He points to the ongoing escalation of war, competition, envy, and territoriality, despite gains in education, and the technologies of self-improvement. Ultimately, and throughout, he asks his listeners to

consider that that all apparent progress of the self is not progress towards freedom but a treadmill of illusion. Knowing one's mind, he asserts, through diligent self-observation, is the only way to freedom.

"If one wishes to find that which is truth, one must be totally free from all religions, from all conditioning, from all dogmas, from all beliefs, from all authority which makes one conform, which means, essentially, standing completely alone, and that is very arduous..

This book can be found in the Krishnamurti Postal Lending Library:

<http://www.krishnamurti-nz.org/library>

To contact the Library, email:

Krishnamurtinzwebsite@gmail.com

For a complete list of books available in the Krishnamurti Postal Lending library, see:

<http://www.krishnamurti-nz.org/library/books>

There is no charge for borrowing.

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH

- monthly: contact Pauline Matsis 03 312 1470 / paulinematsis@gmail.com
- monthly: contact Kyoko Giebel 03 329 4789 / aakaasha@glenrowan.nz

PALMERSTON NORTH

- contact Nadya Kaplyukova / mua_mail@yahoo.com

HAMILTON

- contact: Clive Elwell 022 085 7184 / clive.elwell@gmail.com

AUCKLAND

- the last Sunday of every month: contact Krishna Umaria 09 488 7482 /



Postal lending library of books, dvd's, and cd's -

www.krishnamurti-nz.org/library

krishna.umaria@gmail.com

– every second Monday of the month: contact

Rohit Grover / rohit@mailbox.org or Eleni

Charalampous / eleni.a.xar@gmail.com

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