

## KANZ NEWS – November 2019

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### The Crisis is in You

We are facing a tremendous crisis which the politicians can never solve. Nor can the scientists understand or solve the crisis, nor yet the business world, the world of money. The turning point is not in politics, in religion, in the scientific world; it is in our consciousness.

*The Network of Thought, Ch. 1*

All outward forms of change brought about by wars, revolutions, reformations, laws, and ideologies have failed completely to change the basic nature of man, and therefore of society. As human beings living in this monstrously ugly world, let us ask ourselves: Can this society, based on competition, brutality and fear, come to an end? Not as an intellectual conception, not as a hope, but as an *actual* fact, so that the

mind is made fresh, new and innocent, and can bring about a different world altogether. It can only happen, I think, if each one of us recognises the central fact that we, as individuals, as human beings, in whatever part of the world we happen to live, or whatever culture we happen to belong to, are totally responsible for the whole state of the world.

*Freedom from the Known*, Ch. 1

It depends upon you and me, but we do not seem to realise that. If once we really felt the responsibility of our own actions, how quickly we could bring to an end all these wars, this appalling misery! But, you see, we are indifferent. We have three meals a day, we have our jobs, we have our bank accounts, big or little, and we say, 'For God's sake, don't disturb us, leave us alone.'

*The First and Last Freedom*, Q. 10

*Questioner*: The cruelty and violence of the world cannot be stopped by my individual effort. And would it not take infinite time for all individuals to change?

*Krishnamurti*: The other *is* you. This question springs from the desire to avoid your own immediate transformation, does it not? You are saying, in effect, 'What is the good of my changing if everyone else does not change?' One must begin near to go far. But you really do not want to change; you want things to go on as they are, especially if you are on top, and so you say it will take infinite time to transform the world through individual transformation. The world is *you*; *you* are the problem; the problem is not separate from you; the world is the projection of yourself. The world cannot be transformed till you are.

*Commentaries on Living 2*, Ch. 16

I am talking to the individual because only the individual can change, not the mass; only you can transform yourself, and so the individual matters infinitely. Any true action, any important decision, the search for freedom, the inquiry after truth can only come from the individual who understands.

*The Collected Works*, Vol. 11

In bringing about a radical change in the human being, in you, you are naturally bringing about a radical change in the structure and nature of

society. It must begin not outwardly, but inwardly.

*Talks with American Students, Ch. 1*

I do not demand your faith; I am not setting myself up as an authority. I have nothing to teach you – no new philosophy, no new system, no new path to reality. You have to be your own teacher and your own disciple. You have to question everything that man has accepted as valuable, as necessary.

*Freedom from the Known, Ch. 2*

So now we are going to investigate ourselves together – not one person explaining while you read, agreeing or disagreeing with him as you follow the words on the page, but taking a journey together, a journey of discovery into the most secret corners of our minds. And to take such a journey we must travel light; we cannot be burdened with opinions, prejudices, and conclusions – all that old furniture we have collected for the last two thousand years and more. Forget all you know about yourself, forget all you have ever thought about yourself; we are going to start as if we knew *nothing*.

It rained last night heavily, and now the skies are beginning to clear; it is a new, fresh day. Let us meet that fresh day as if it were the only day. Let us start on our journey together with all the remembrance of yesterday left behind – and begin to understand ourselves for the first time.

*Freedom from the Known, Ch.1*

*The image and quotations above are sourced from an exhibition, entitled, "A World in Crisis", which has been put together by the Krishnamurti Foundation India in order to share with others Krishnamurti's insights into the nature of the crisis. Over the coming months each KANZ newsletter will present one of the panels from this exhibition.*

*Our thanks to Krishnamurti Foundation Trust (England), Krishnamurti Foundation of America, and to the many professional and amateur photographers for the use of their work in this humanitarian venture*

## Notes from the September Coromandel Retreat



On the weekend 27<sup>th</sup> to 29<sup>th</sup> September, a retreat was held on the Coromandel Peninsula, near Whitianga, organised by Clive Elwell, as advertised in previous KANZ newsletters. The venue was the Koru Aikido Centre; a beautiful building set in native bush with stream and waterfalls. Our hosts were David and Hisae Lynch. The subject was “*The problem of thought*”, and this fundamental issue was investigated through self-inquiry, through silence, through dialogue, through observation, through walks, and aided by the words of J. Krishnamurti, and Prof David Bohm.

There was much positive feedback from the fourteen participants in the Retreat, and on the whole it was judged to have gone well. There was a certain harmony among people, a feeling of working and being together. It was a diverse group, with five people having no background in Krishnamurti, which was certainly no handicap. People were very participatory, and were genuinely inquiring together, with the energy of attention to a high degree. The necessity of self observation was seen and felt, and people went away holding that insight.



Of course a short weekend did not give us the time to explore in depth the many aspects of thought. For example, the relationships between thought and fear, thought and desire, thought and suffering, were hardly touched upon. But the important thing was the inquiry, the sense of learning together, which as K said, is more important than what is learnt.

There is a possibility a similar event may be held in the South Island early next year.

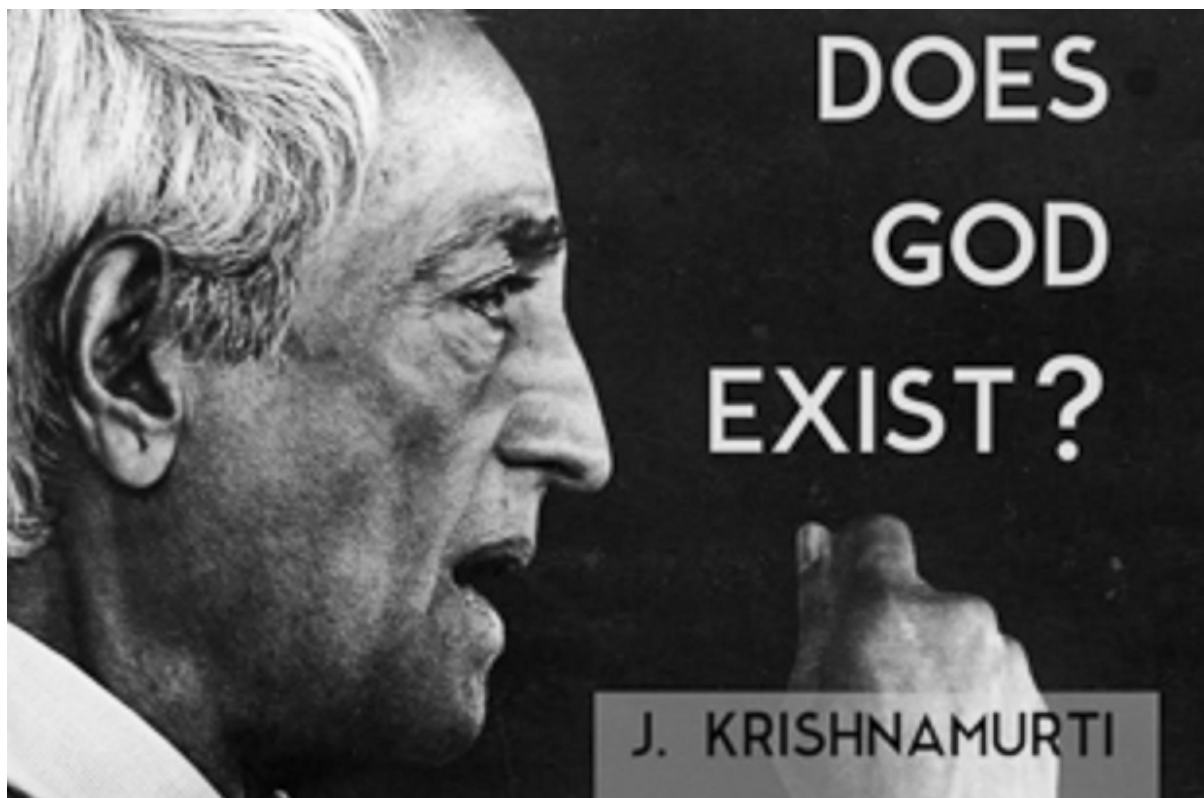
Clive Elwell

*"The real crisis is not in those events that are confronting us, like wars, crime, drugs, economic chaos, pollution and all that, but it's really thought itself that is creating the crisis, all the time. Now you see, each person can do something about thought, because he's in it".*

*Professor David Bohm*

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## Krishnamurti Talk Reaches One Million Views



This is the first video to reach one million views, and it is Krishnamurti answering the question, "Does God Exist?"

This is only one of over 1,400 videos available for free on the [Krishnamurti YouTube Channel](#), which also offers more than 2,500 subtitles in 33 languages

The video can be viewed [here](#).

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## Explore Krishnamurti's Teachings Further Through In-Depth Articles



Explore Krishnamurti's teachings through In-Depth articles on the new Krishnamurti Foundation website. The specially selected features are updated regularly, and include articles such as: The root of fear; The meaning of death; What do we mean by education?

Access In-Depth articles [here](#).

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## Brockwood Park School 50th Reunion



Brockwood Park School, near Winchester in England, is an international co-educational boarding school offering a personalised, holistic education for around 70 students aged 14 to 19.

The school was established 50 years ago and is deeply inspired by Krishnamurti's teachings, which encourage academic excellence, self-understanding, creativity and integrity in a safe, non-competitive environment.

The School held a 50th Anniversary Reunion from 15th to 19th August and had around 500 people join the celebrations.

### **Pondering Past and Present**

A question that is often asked is, "What is the real outcome for students attending the School?" During the Reunion a panel of three current students and three students from the first decade of the School's operation discussed their impressions.

View the video [here](#).

### **Booklet – Brockwood at 50**

In conjunction with the Reunion the School published a booklet entitled,

"Brockwood at 50", which contains a marvellous array of text and photos from over the years.

The booklet can be downloaded [here](#).

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# Brockwood Park School

*An invitation to visit our **NEW WEBSITE***

VISIT WEBSITE

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The Krishnamurti Foundation of America hosted their Annual Gathering at the Oak Grove School in Ojai, California in May.

The Gathering celebrated the 50th anniversary of the Krishnamurti Foundation of America with interesting talks from speakers such as Michael Mendizza, (author, filmmaker, and former KFA trustee), Michael Krohnen, (Krishnamurti's friend and personal chef), and Prof. Krishna, (Trustee of the Krishnamurti Foundation of India).

Over the next few months KANZ will present recorded videos from the event programme.

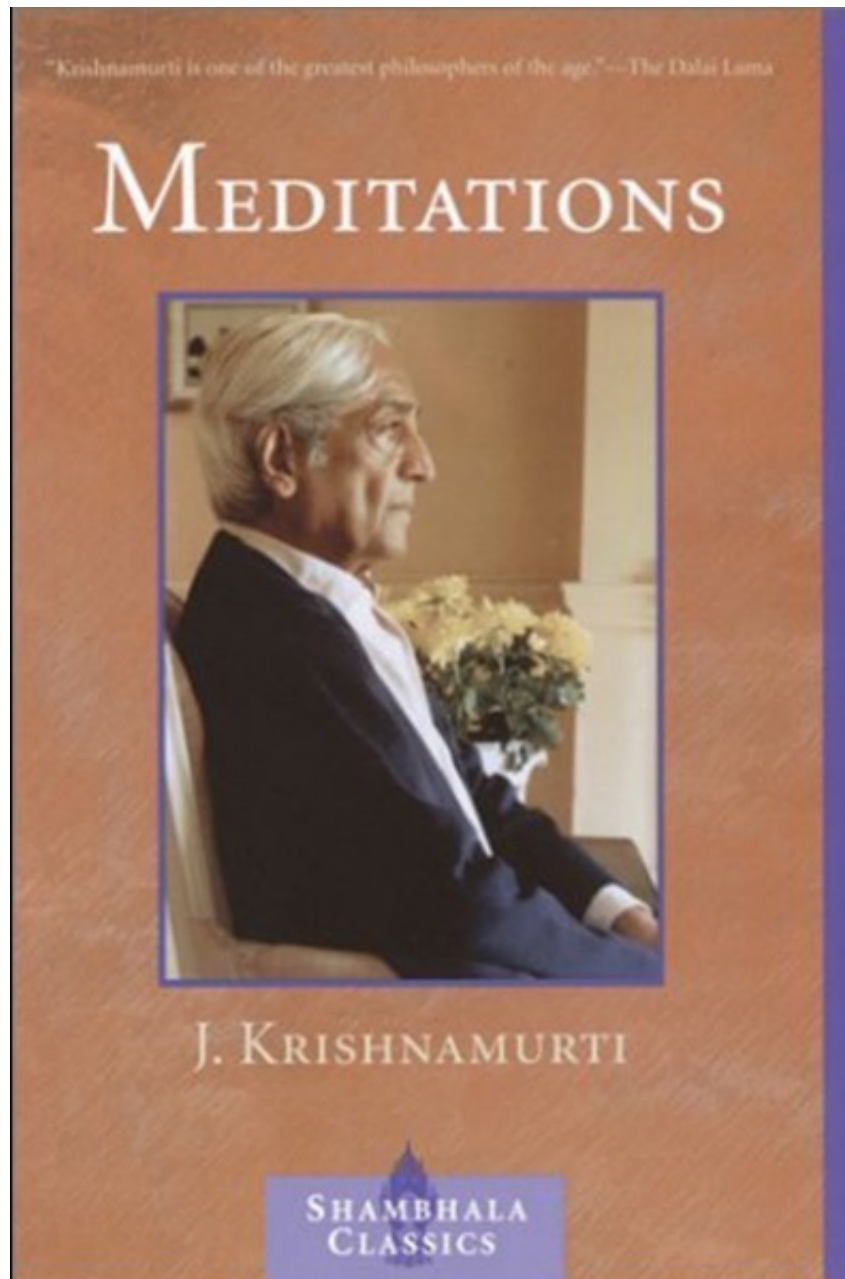
The sixth presentation is from Sunday 5th May and is entitled "Unravelling Conditioning: Another Look at Life" with Stephen Smith, and can be viewed [here](#).

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**Meditations**  
**A review from the Krishnamurti Postal Lending Library**

*"Meditation is the action of Silence"*

*– J Krishnamurti*



Krishnamurti wrote and spoke extensively on the topic of Meditation. In fact there are several published books of this title. This one was published in 1979 by Shambhala publishers as a “pocket classic”. It is a very small-sized book, of ninety pages. Some of the meditations are just one sentence long, others run to three pages.

What Krishnamurti wrote is best described "as" meditation, rather than "about" meditation. The meaning he applied to the word was fundamentally different from all systems of meditation described by

others, and cannot be simply described.

From the preface:

*“Man, in order to escape his conflicts, has invented many forms of meditation. These have been based on desire, will and the urge for achievement, and imply conflict and a struggle to arrive. This conscious, deliberate striving is always within the limits of a conditioned mind and in this there is no freedom. All effort to meditate is the denial of meditation”.*

According to the notes on the back page,: *“Meditation is shown to be a state of attention beyond thought which brings total freedom from authority and ambition, fear and separation”.*

In K's words:

*“Meditation is one of the most extraordinary things, and if you do not know what it is you are like the blind man in a world of bright colour, shadows, and moving light. It is not an intellectual affair, but when the heart enters into the mind, the mind has quite a different quality: it is really, then, limitless, not only in its capacity to think, to act efficiently, but also in its sense of living in a vast space where you are part of everything. Meditation is the movement of love.”*

Other books on Meditation can be found in the Krishnamurti Postal Lending Library:

<http://www.krishnamurti-nz.org/library>

To contact the Library, email:

[Krishnamurtinzwebsite@gmail.com](mailto:Krishnamurtinzwebsite@gmail.com)

For a complete list of books available in the Krishnamurti Postal Lending library, see:

<http://www.krishnamurti-nz.org/library/books>

There is no charge for borrowing.

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## Christchurch Dialogue Meeting

*The youth of today, like all youth, are in revolt against society, and that is a good thing in itself, but revolt is not freedom because when you*

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# Krishnamurti Association in New Zealand

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