

KANZ NEWS – May 2016

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You are second-hand human beings

You are the product of your conditioning, you are the product of your society, the product of propaganda, religious and otherwise. You repeat what others have said. All your education is that. You are conditioned, you are not free, happy, vital, passionate. You are frightened human beings, full of the authority of others, or of your own particular little authority, of your own knowledge. You are second-

hand human beings, intellectually, emotionally.

(Source: J. Krishnamurti, Talk in San Diego, April 1970)

You know, it would be marvellous if you never said a word that is not your own discovery. Never say anything that you yourself don't know.

Never to say anything that you do not understand, that you have not discovered yourself – you will see then that the whole activity of your mind undergoes a tremendous change.

(Source: The First Step is the Last Step)

The image and quotes above are taken from a series of exhibition panels created by Vikram Parchure. The title of the exhibition is "To the Young".

Vikram is a designer exploring design as an instrument of social change and value education.

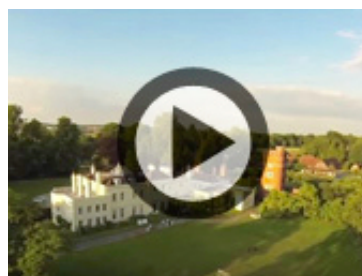
Krishnamurti's deep concern for the young led him to exhort youth to insightfully understand that the old ways of problem-solving will prove too inadequate to deal with the complexity of present-day world dilemmas. He said that only a mind that is fresh, youthful, perceptive and ever-willing to face the challenges of uncertainty can deal with this challenge successfully. What makes for such a youthful quality of mind, regardless of the body's physical age? This is the vitally important question that is explored in these panels.

Each KANZ newsletter is presenting one of the panels developed by Vikram for the reader's interest and reflection on the key themes of this exhibition.



The Mind of Krishnamurti

A 60 minute documentary about the life and teachings of J. Krishnamurti, by Michael Mendizza.



Questions Lived

Brockwood Park School, in Hampshire, England, was founded by J. Krishnamurti in 1969.

This recent video shows some of the school's early students looking back on attending a J. Krishnamurti school, and their lives of self inquiry. [Watch here.](#)



Think on These Things – Asking Questions About Oneself

“Think on These Things” is a study programme developed by the Krishnamurti Foundation of America.

Its intent is to engage people in asking fundamental questions of themselves and to bring about the space necessary for a deeper self-inquiry and self-understanding.

The questions asked are meant to challenge the deeply held assumptions we have about ourselves and about our life.

The issues explored within the programme are widely relevant, regardless of age, background or education. They can be focused on by someone on their own, or discussed within a group.

Think on These Things will cover thirteen topics and questions over the coming months.

Last month we covered "Identity". This month the subject is "Violence".

1. **Authority** – What is the role of authority in our lives?
2. **Education** – Why are you educated?
3. **Listening** – Is it possible to listen impartially?
4. **Meaning** – What makes life really worth living for you?
5. **Identity** – Why do you identify with anything at all?
6. **Violence** – Where does violence begin and end?
7. **Comparison** – Why do we compare?
8. **Success** – Why do you want to become anything at all?
9. **Fear** – What is the effect of fear on your mind and on your actions?
10. **Truth** – How do you know if something is true?
11. **Loneliness** – What does loneliness feel like?
12. **Happiness** – Can there be happiness without pleasure?
13. **Freedom** – Are you free?

Think on These Things - "Violence"

The aim of this programme is to present a series of challenging questions for a person, or a group, to observe openly, and without pre-conception, what these questions mean.

Questions: Where does violence begin? / Where does violence end?

Sub-Questions (To help with this enquiry):

What do we consider is violence?

In what ways are we violent?

How is the outward manifestation of violence related to our inner violence?

Do we see ourselves as separate from those on whom we inflict violence?

Can you conceive of a world without violence?

What would it mean to be free from violence?

Video: [The Violent Self](#)

Beyond Myth and Tradition Series, 1997

Text: [Beyond Violence](#)

Third Public Talk, San Diego State College, 1970

Choiceless Awareness

J. Krishnamurti, *The Collected Works*, Vol XVI, 200, **Choiceless Awareness**

Questioner:

How is one to empty the past?

Krishnamurti:

You cannot. You empty the past totally when there is no observer. It is the observer who is creating the past; it is the observer who says, "I must do something about it in terms of time". This is most important. It is very important to understand, when you look at a tree, that there is the tree and there is also *you*, the *observer*, looking at it.

You who are looking at it have knowledge about that tree. You know what species, what colour, what shape, what kind it is, whether it is good. You have knowledge of it, so you are looking at it as an observer who is full of knowledge about it, as you look at your wife or husband with the knowledge of the past, with all the hurts, and all the pleasures. You are always looking with both the observer and the thing observed present, two different states. *You never look at a tree; you are always looking with the knowledge of the tree.* This is very simple.

To look at another – wife, husband, friend – demands that you look with a fresh mind; otherwise you cannot see. If you look with the past, with pleasure, with pain, with anxiety, with what he or she has said to you, *that* remains; and with all that, through all that, you look. *That* is the observer. If you can look at a tree, or a flower, or another human being without the observer, a totally different action takes place.

Showings of Krishnamurti videos and group dialogues:

CHRISTCHURCH

- monthly: contact Pauline Matsis 03 312 1470 / paulinematsis@clear.net.nz
- monthly: contact Kyoko Giebel 03 329 4789 / aakaasha@ihug.co.nz

AUCKLAND

- the last Sunday of every month: contact Krishna Umara 09 488 7482 / krishna.umara@gmail.com



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